

Startsheet

sportzmad

Start Number	Start Time	Rider	Club	Gender	Category
1	16:01:00	Nick Brown	Team NBCC		
2	16:02:00	Joshua ` Lewis			
3	16:03:00	Brad Davies	Bynea Cycling Club		
4	16:04:00	Grant Arnold	Team NBCC		
5	16:05:00	JEF OUTHWAITE	Black Country Triathletes		
6	16:06:00	mike broadbent	Swansea Wheelers/CS Abertawe		
7	16:07:00	Dean Prosser	Hereford & Dist Whs CC		
8	16:08:00	Owain Roberts	Port Talbot Whs CC		
9	16:09:00	Richard Jenkins	Cardiff Ajax CC		
10	16:10:00	ben Phillips	Bynea Cycling Club		
11	16:11:00	Paul Cannon	Porth & District CC		
12	16:12:00	John Eames			
13	16:13:00	Paul Rees	Bynea Cycling Club		
14	16:14:00	gareth thomas	Cardiff Triathletes		
15	16:15:00	Lloyd Morgan	Cardiff Ajax CC		
16	16:16:00	Frank anderson	SVTTA		
17	16:17:00	mark pope	Ogmore Valley Wheelers		
18	16:18:00	Gaynor Hughes	Bynea Cycling Club		
19	16:19:00	Matthew Hurford	Cardiff Triathletes		
20	16:20:00	Tim McEvoy	Duchy Velo		
21	16:21:00	Andrew Rowles	Cardiff Ajax CC		
22	16:22:00	Andrew Hayward	Cwmearn Paragon Cycling Club		
23	16:23:00	Gareth Chislett	CC Blaenau Gwent		
24	16:24:00	John Diffey	San Domenico RC		
25	16:25:00	rod hicks	Port Talbot Whs CC		
26	16:26:00	Matthew Smith	Port Talbot Whs CC		
27	16:27:00	Nadine Cannon	Acme Whs (Rhondda) CC		
28	16:28:00	Michelle Robertson	Abercynon Road Club		
29	16:29:00	Luke Starkie	Cardiff Ajax CC		
30	16:30:00	Christopher Jones	Ride Bike Wales		
31	16:31:00	Chris Fishbourne	Abercynon Road Club		
32	16:32:00	Matthew Phillips	Bynea Cycling Club		

Start Number	Start Time	Rider	Club	Gender	Category
33	16:33:00	Ron boast	Ogmore Valley Wheelers		
34	16:34:00	Brian Parker	Abercynon Road Club		
35	16:35:00	Carwyn Davies	Cwmcarn Paragon Cycling Club		
36	16:36:00	Russell White			
37	16:37:00	Ryan Morley	Royal Air Force Cycling Association		