

# Startsheet

## ECCA 3up 25

Start Number	Start Time	Rider	Club	Gender	Category
n/a	n/a	Colin Ward, Colin Wilgress, Jeff Orrey	Essex Roads CC		
n/a	n/a	James Jenkins (J), Jamie Maidment, Matthew Welbourne			
n/a	n/a	Simon Daw, Darren rule, Jody Downs			
n/a	n/a	Stuart Clarke, Paul Donegan, Sam Wightman	Chelmer CC		
n/a	n/a	Erron Field, Graham Painter, Tim Wood	Chelmer CC		
n/a	n/a	Alex Eason, Rehman Haroon, Chris Regan	Chelmer CC		
n/a	n/a	David Catchpole, Dean Conelly, Richard Hooper	Colchester Rovers CC		
n/a	n/a	Steve Tidiman, Andrew Shaw, Dan Carter	Essex Roads CC		
n/a	n/a	Jamie Howe, Doz Bree, Lee Ford	CC Sudbury		
n/a	n/a	Peter Newell, William Tweddell, Keith Owens	Colchester Rovers CC		
n/a	n/a	Ian Fox, Giles Askham, Robert Hayton	Colchester Rovers CC		
n/a	n/a	Gill Carter, Anna Carter (J), Jack Staniforth (J)			
n/a	n/a	James Swit, Peter Dyer, Lawrence Shafier	East London Triathletes		
n/a	n/a	Debra Peck, Roy Cuppelditch, Bill Collins	Colchester Rovers CC		
n/a	n/a	Peter Sheers, Mark Thompson, Peter Allen	Essex Roads CC		
n/a	n/a	Gareth Kirk, Hefin Davies, Justin McDermott	East London Triathletes		
n/a	n/a	Jo Butcher, Cathy Wood, Ann Shuttleworth	Chelmer CC		
n/a	n/a	Denise Kemp, Zena Shean, Hannah Shean			

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
n/a	n/a	Matt Sheers (J), Alex Thompson (J), Sam Allen (J)	Essex Roads CC		
n/a	n/a	Adrian Cartwright, Phil Chapman, John Gretton			
n/a	n/a	Greg Smith, Geoff Fletcher, Doug King	Shaftesbury CC		
n/a	n/a	Adam Jones, Emma Curtis, Carol Cartwright			
n/a	n/a	Gina Bianchi, Jessica Hobson, Natasha Servant	East London Triathletes		
n/a	n/a	Antony Stapleton, Glenn Taylor, Keith Dorling			
n/a	n/a	Andy James, Chris Bodell, Paul Ruffey	Essex Roads CC		