

Startsheet

Port Talbot Whs (4-up ttt) (fee per rider)

Start Number	Start Time	Rider	Club	Gender	Category
Reserve	--	Harry Lewis	London Dynamo		
Reserve	--	Stuart Edgar	Cardiff Triathletes		
Reserve	--	David Mort	Cardiff Triathletes		
Reserve	--	Carson Pryce	Cardiff Triathletes		
1	18:03:00	David Triggs	Port Talbot Whs CC		
2	18:03:00	Alan Jones	Port Talbot Whs CC		
3	18:03:00	Gareth Davies	Port Talbot Whs CC		
4	18:03:00	Andrew Rees	Port Talbot Whs CC		
5	18:06:00	Nigel Pitt	Bynea Cycling Club		
6	18:06:00	Wayne Evans	Bynea Cycling Club		
7	18:06:00	Andrew Grist	Bynea Cycling Club		
8	18:06:00	Brad Davies	Bynea Cycling Club		
9	18:09:00	Katherine Brace	Tenby Aces CC		
10	18:09:00	Anto OHara	Tenby Aces CC		
11	18:09:00	Stephanie Waring	Tenby Aces CC		
12	18:09:00	Julie Andrasko	Tenby Aces CC		
13	18:12:00	Matt Broadhurst	Pembrokeshire Velo		
14	18:12:00	Andrew Rees	Narberth Dynamos Cycling Club		
15	18:12:00	Jon Williams	Team NBCC		
16	18:12:00	Tim Brace	Team NBCC		
17	18:15:00	Jamie Silvester	Tenby Aces CC		
18	18:15:00	Huw Bridges	Tenby Aces CC		
19	18:15:00	Carlton Coates	Tenby Aces CC		
20	18:15:00	David Poole	Tenby Aces CC		
21	18:18:00	michael bevan	Bynea Cycling Club		
22	18:18:00	Anthony Evans	Bynea Cycling Club		
23	18:18:00	David Greenway	Bynea Cycling Club		
24	18:18:00	Paul Rees	Bynea Cycling Club		
25	18:21:00	Colin Barrett	Tenby Aces CC		
26	18:21:00	Paul Slack	Tenby Aces CC		
27	18:21:00	David Lewis	Tenby Aces CC		
28	18:21:00	Edward Clements	Tenby Aces CC		
29	18:24:00	Oliver Rowlands	Newport Phoenix CC		
30	18:24:00	Andy Williams	Newport Phoenix CC		
31	18:24:00	Owen Burgess	Newport Phoenix CC		

Start Number	Start Time	Rider	Club	Gender	Category
32	18:24:00	Philip Sims	Newport Phoenix CC		
Reserve	--	Robbie Morgan	Newport Phoenix CC		
33	18:27:00	Julian Brock	Port Talbot Whs CC		
34	18:27:00	Shirley Howell	Port Talbot Whs CC		
35	18:27:00	Emma Davies	Port Talbot Whs CC		
36	18:27:00	John Thomas	Port Talbot Whs CC		
Reserve	--	Phil Lewis	Port Talbot Whs CC		
37	18:30:00	gareth thomas	Cardiff Triathletes		
38	18:30:00	Simon Marks	Cardiff Triathletes		
39	18:30:00	Matt Colley	Cardiff Triathletes		
40	18:30:00	Morgan Meaney	Cardiff Triathletes		
41	18:33:00	Amanda Davies	Bynea Cycling Club		
42	18:33:00	Elena Shaw	Cardiff Ajax CC		
43	18:33:00	Diane Wilson-Evans	Bynea Cycling Club		
44	18:33:00	Katie Bowler	Bynea Cycling Club		
45	18:36:00	Heath Williams	Port Talbot Whs CC		
46	18:36:00	Karl Rees	Port Talbot Whs CC		
47	18:36:00	Darren Edwards	Port Talbot Whs CC		
48	18:36:00	Mike Hall	Port Talbot Whs CC		
Reserve	--	Robert Lucas	Port Talbot Whs CC		
49	18:39:00	Danielle Parker			
50	18:39:00	Isabel Ellis			
51	18:39:00	Zoe Backstedt			
52	18:39:00	Elynor Backstedt			
53	18:42:00	Bill Gannon	Port Talbot Whs CC		
54	18:42:00	Ross Morgan	Port Talbot Whs CC		
55	18:42:00	mark hillier	Port Talbot Whs CC		
56	18:42:00	andrew lewis	Port Talbot Whs CC		
Reserve	--	Chris Jones	Port Talbot Whs CC		
57	18:45:00	mark pope	Ogmore Valley Wheelers		
58	18:45:00	Chris Reed	Ogmore Valley Wheelers		
59	18:45:00	Paul Nicholas	Ogmore Valley Wheelers		
60	18:45:00	Nick Langley	Ogmore Valley Wheelers		
61	18:48:00	Liam Rowlands	Pembrokeshire Velo		
62	18:48:00	David Astins	Pembrokeshire Velo		
63	18:48:00	Roscoe Howell	Pembrokeshire Velo		
64	18:48:00	Shane Davies	Pembrokeshire Velo		
65	18:51:00	Gaynor Hughes	Bynea Cycling Club		
66	18:51:00	David Hendry	Port Talbot Whs CC		
67	18:51:00	Antony Howell	Port Talbot Whs CC		
68	18:51:00	Hollie Labunsky	Port Talbot Whs CC		

Start Number	Start Time	Rider	Club	Gender	Category
69	18:54:00	Dan Devine	Milford Tritons Cycling Club		
70	18:54:00	Jason Cole	Milford Tritons Cycling Club		
71	18:54:00	james phillips	Milford Tritons Cycling Club		
72	18:54:00	Tom Arnold	Milford Tritons Cycling Club		
73	18:57:00	Ryan Semper	Tenby Aces CC		
74	18:57:00	Dylan Lawrence	Tenby Aces CC		
75	18:57:00	Steven Amos	Tenby Aces CC		
76	18:57:00	Gareth Rees	Tenby Aces CC		
77	19:00:00	Anthony Hayward	Milford Tritons Cycling Club		
78	19:00:00	Simon Davies	Milford Tritons Cycling Club		
79	19:00:00	Mark Whitby	Milford Tritons Cycling Club		
80	19:00:00	Jeff Arnold	Milford Tritons Cycling Club		
81	19:03:00	David Nicholas	Merthyr CC		
82	19:03:00	blaine phelps	Merthyr CC		
83	19:03:00	Jack Lee	Cwmcarn Paragon Cycling Club		
84	19:03:00	Chris Lee	Merthyr CC		
85	19:06:00	Tim Wood	Team Echelon		
86	19:06:00	Jon Howard	Team Echelon		
87	19:06:00	David Dickerson	Team Echelon		
88	19:06:00	Jeremy Pile	Team Echelon		
89	19:09:00	Mike Evans	Rhondda Triathlon Club		
90	19:09:00	Mark Thomas	Rhondda Triathlon Club		
91	19:09:00	Darren Bowden	Rhondda Triathlon Club		
92	19:09:00	Robert Hughes	Rhondda Triathlon Club		
93	19:12:00	Zach Minto			
94	19:12:00	Andy Hoskins			
95	19:12:00	Luke Dix			
96	19:12:00	Andy Davies			
97	19:15:00	David Kerr	Bynea Cycling Club		
98	19:15:00	Guto Morgans	Cycle Specific		
99	19:15:00	Jack TREMLETT	Bynea Cycling Club		
100	19:15:00	Jamie Best	Bynea Cycling Club		
Reserve	--	Dale bowler	Bynea Cycling Club		
Reserve	--	Mel Best	Bynea Cycling Club		
101	19:18:00	Chris Massey	Team Backstedt Bike Performance		
102	19:18:00	Steven Powell	Team Backstedt Bike Performance		
103	19:18:00	Michiel Vaal	Team Backstedt Bike Performance		

Start Number	Start Time	Rider	Club	Gender	Category
104	19:18:00	Lee Thomas	Team Backstedt Bike Performance		
105	19:21:00	Darrel Williams	Bynea Cycling Club		
106	19:21:00	David Wilson-Evans	Bynea Cycling Club		
107	19:21:00	Jonathan Hopkins	Bynea Cycling Club		
108	19:21:00	yeung ng	Bynea Cycling Club		
109	19:24:00	Grant Arnold	Pembrokeshire Velo		
110	19:24:00	Ross McNally	Pembrokeshire Velo		
111	19:24:00	Daniel Colman	Pembrokeshire Velo		
112	19:24:00	Rob Dyde	Pembrokeshire Velo		
113	19:27:00	Tristian Manning	ATAC - Ammanford Triathlon And Cycling		
114	19:27:00	Jason Murphy	ATAC - Ammanford Triathlon And Cycling		
115	19:27:00	Mark Williams	ATAC - Ammanford Triathlon And Cycling		
116	19:27:00	Dean Williams	ATAC - Ammanford Triathlon And Cycling		
117	19:30:00	Arwel Davies			
118	19:30:00	Alexander Jenkins			
119	19:30:00	Phil Willoughby			
120	19:30:00	Emyr Griffiths			
121	19:33:00	paul colman	Pembrokeshire Velo		
122	19:33:00	Scott Nash	Pembrokeshire Velo		
123	19:33:00	Daryl John	Pembrokeshire Velo		
124	19:33:00	Robert Smith	Pembrokeshire Velo		
125	19:36:00	Chris Smith	Cwmcarn Paragon Cycling Club		
126	19:36:00	Luke Cornish	Cwmcarn Paragon Cycling Club		
127	19:36:00	David Povall	Cwmcarn Paragon Cycling Club		
128	19:36:00	Carwyn Davies	Cwmcarn Paragon Cycling Club		
129	19:39:00	Nigel Williams	Ogmore Valley Wheelers		
130	19:39:00	Anthony Mansell	Ogmore Valley Wheelers		
131	19:39:00	Reece Adams	Ogmore Valley Wheelers		
132	19:39:00	Steven Madeley	Ogmore Valley Wheelers		
133	19:42:00	Christopher Gibbard	Bynea Cycling Club		
134	19:42:00	Craig Seaman	Bynea Cycling Club		

Start Number	Start Time	Rider	Club	Gender	Category
135	19:42:00	Stephen Evans	Bynea Cycling Club		
136	19:42:00	Matthew Hanford	Bynea Cycling Club		
137	19:45:00	Terry Anthony	Ogmore Valley Wheelers		
138	19:45:00	Mark Rosser	Ogmore Valley Wheelers		
139	19:45:00	Mark Bryant	Ogmore Valley Wheelers		
140	19:45:00	Steve Curry	Ogmore Valley Wheelers		
141	19:48:00	anthony jones			
142	19:48:00	Philip Tucker	Cycle Specific		
143	19:48:00	Dylan Morris	Cycle Specific		
144	19:48:00	Lee Perrott	Cycle Specific		
145	19:51:00	Rod Hicks	Port Talbot Whs CC		
146	19:51:00	Andrew Martin	Port Talbot Whs CC		
147	19:51:00	Neil Seaward	Port Talbot Whs CC		
148	19:51:00	Owain Roberts	Port Talbot Whs CC		
149	19:54:00	dean ware	Team Backstedt Bike Performance		
150	19:54:00	joshua SANDMAN	Team Backstedt Bike Performance		
151	19:54:00	Richard Gambling	Team Backstedt Bike Performance		
152	19:54:00	Joshua Tarling	West Wales Cycle Racing Team		
153	19:57:00	Michael Portlock	Merthyr CC		
154	19:57:00	Colin Wallace	Merthyr CC		
155	19:57:00	Rich Long	Merthyr CC		
156	19:57:00	Mark Prosser	Merthyr CC		
157	20:00:00	Matthew Rowe	Veloflow CC		
158	20:00:00	Andy Turner			
159	20:00:00	Will Bjergfelt	AeroCoach		
160	20:00:00	ioan smallwood	Cardiff Ajax CC		