

West Pennine RC (Preference North DC Clubs)

West Pennine Road Club Saturday Evening 10 Mile Time Trial on Levens

13/07/2019 18:00

L1015

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Lay-by on Nannypie Lane leading to Sizergh Castle.

If you are unable to ride please contact the organiser, so a reserve can take your ride.

Route from HQ to start

Turn left out of Nannypie Lane, encircle the roundabout at the bottom of the hill then ride back up, to start on the lay by on top of the hill.

Course details

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'. Proceed along the A590 in a south-westerly direction to encircle the roundabout on Lindale by-pass (5.243 miles). Retrace along the A590 to FINISH in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 MILES).

Local regulations

CTT Regulation 17: Signing-on Sheet and Signing-off Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet.

Local Rules.

- 5.
No.5 Competitors prior to starting are NOT permitted to ride past the finish timekeeper during the duration of the event.
- 6.
No.6 Any competitor making a "U" turn in the vicinity of the start or finish will immediately be disqualified from the event.

No.10 Course L1015 warming up on the course is not permitted during the duration of the event.

No.12 No parking on the car park or on the frontage of the Strickland Arms.

No.15 Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

No.17 Motor vehicles must NOT park in starting lay-by, except for the timekeeper's vehicle.

Notes: Riders MUST call their number at the Finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

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IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR / JUVINILE competitors must wear Protective Hard Shell Helmets.

It is recommended that a working light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Organiser contact details

Mark Hulme

7 Brockway Rochdale

01706 359792
markhulme66@btinternet.com

07780 116148

Time keepers/officials

Timekeepers:- Mr Richard Taylor, Mrs Tracey Moore.

Course records

17.54 James Gullen 17.06.2017

19.14 Anna Turvey 22.06.2019

Awards/prizes

One rider one prize except for team award.

	Overall	Female
1st	50	50
2nd	40	40
3rd	35	35
4th	30	
5th	25	
Veteran 40-44	20	
		20
Veteran 45-49	20	
Veteran 50-54	20	20

Veteran 55-59	20	
Veteran 60-64	20	
Veteran 65-69	20	
Veteran 70+	20	
1st Espoir	20	
2nd Espoir	15	
1st Junior	20	
2nd Junior	15	
Trike	10	
Fastest Team of 3 (£10 each)		
Course Record	50	50

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If

your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

West Pennine RC (Preference North DC Clubs)

Start Number	Start Time	Rider	Club	Gender	Category
1	18:01:00	Denis Thompson	West Pennine Road Club		
2	18:02:00	Phil Shaw	Kent Valley RC		
3	18:03:00	Dave Topping	North Lancashire Road Club		
4	18:04:00	Neil Fort	North Lancs Clarion C & AC		
5	18:05:00	Grant Bigham	VeloRunner RT		
6	18:06:00	Roy Nield	Lancashire RC		
7	18:07:00	Dara Almond	Springfield Financial Racing Team		
8	18:08:00	David Golden	VTTA North Lancs and Lakes Group		
9	18:09:00	Brian Moore	The Tricycle Association - North Western Region		
10	18:10:00	Philip Jones	Transition Race Team		
11	18:11:00	John Fiddies	LVC Racing		
12	18:12:00	David Bigio	Croston Velo		
13	18:13:00	Danny McCabe	Garstang Cycling Club		
14	18:14:00	William Armstrong	Velo Club Cumbria		
15	18:15:00	George Elliott	Innovation Racing		
16	18:16:00	Ross Burton	Calder Clarion		
17	18:17:00	Charlotte Boothman	ABC Centreville		
18	18:18:00	Tobias Edwards	Huddersfield Star Whs		
19	18:19:00	James Bentley	Lancashire RC		
20	18:20:00	Alex Leek	Velo Club St Raphael		
21	18:21:00	Lachlan Hacker			
22	18:22:00	Graham Jones	Edinburgh Road Club		
23	18:23:00	John Huggon	Ribble Valley C&RC		
24	18:24:00	Karen Bailey	East Lancashire RC		
25	18:25:00	Nick Badcock	Allen Valley Velo		
26	18:26:00	Gary Jamieson	Fechan flyers		
27	18:27:00	Erica Booth	Lancashire RC		
28	18:28:00	Crystal Lane	Glossop Kinder Velo Cycling Club		
29	18:29:00	Clive Boothman	Kent Valley RC		
30	18:30:00	Darren Maironis	Transition Race Team		

Start Number	Start Time	Rider	Club	Gender	Category
31	18:31:00	David Trotter	Lancaster CC		
32	18:32:00	Steve Downey	Pirate juice cc		
33	18:33:00	James Duffy	Bury Clarion CC		
34	18:34:00	Glenn Howarth	Kent Valley RC		
35	18:35:00	David Turner	Cleveleys Road Club		
36	18:36:00	Mervyn Wilson	North Lancashire Road Club		
37	18:37:00	Martin Welsh	Pendle Forest CC		
38	18:38:00	Lindsey Styler	Croston Velo		
39	18:39:00	Adam Hodgkinson	North Cheshire Clarion		
40	18:40:00	Paul Braithwaite	Pendle Forest CC		
41	18:41:00	Alistair Woodman			
42	18:42:00	Alastair Ribbands	Manchester Wheelers		
43	18:43:00	Lee Foster	Border City Whs CC		
44	18:44:00	Ian Lilley	Kent Valley RC		
45	18:45:00	Ben Stead	ABC Centreville		
46	18:46:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers		
47	18:47:00	Peter Hutchinson	3C Test Team		
48	18:48:00	David Haworth	North Lancashire Road Club		
49	18:49:00	Julia Wardley-kershaw	St Ives CC		
50	18:50:00	Gray Walker	VTTA (North)		
51	18:51:00	Simon Deeley	Team HUUB		
52	18:52:00	Mike Westmorland	Border City Whs CC		
53	18:53:00	Gavin Laffoley	Fife Century Road Club		
54	18:54:00	Tony Johnston	Barrow Central Wheelers		
55	18:55:00	Sam Murray	DRAG2ZERO		
56	18:56:00	Philip Kennell	GS Metro		
57	18:57:00	Paul Hill	Lancashire RC		
58	18:58:00	Carol Westmorland	Border City Whs CC		
59	18:59:00	Rod Goodfellow	North Lancashire Road Club		
60	19:00:00	Stewart Irving	Dundee Thistle		
61	19:01:00	Blair Buss	Halifax Imperial Wheelers		
62	19:02:00	Andrew Dent	Pendle Forest CC		
63	19:03:00	Scott Taylor	Springfield Financial Racing Team		
64	19:04:00	Pamela Irving	Team Andrew Allan Architecture		
65	19:05:00	Michael Ellerton	SheHair Racing Team		
66	19:06:00	Martyn Uttley	Barrow Central Wheelers		

Start Number	Start Time	Rider	Club	Gender	Category
67	19:07:00	Kevin Jamieson	Fechan flyers		
68	19:08:00	Julie Mann	Transition Race Team		
69	19:09:00	Justin Dyson	Barnoldswick Clarion Cycling Club		
70	19:10:00	Keith Murray	DRAG2ZERO		
71	19:11:00	Andy Horner	Ribble Cycles		
72	19:12:00	Ian Dobbie	West Lothian Clarion		
73	19:13:00	David Tabron	Horwich Cycling Club		
74	19:14:00	Sue Cheetham	North Lancashire Road Club		
75	19:15:00	Russ Richardson	Teesdale CRC		
76	19:16:00	Kieran Morris	Total Tri Training		
77	19:17:00	Barry Teal	Chorley Cycling Club		
78	19:18:00	Karen Taylor	Team Sportslab		
79	19:19:00	David Bateson	North Lancashire Road Club		
80	19:20:00	Thomas Hanlon	Tactic Sport UK Race Team		
81	19:21:00	John Martin	Elmsall Road Club		
82	19:22:00	Colin Carefoot	Preston CC		
83	19:23:00	Jamie O'connor	Cycling Performance Squad		
84	19:24:00	Graham Sheard	North Lancashire Road Club		
85	19:25:00	Nev Martin	GS Metro		
86	19:26:00	Dan Small	Teesdale CRC		
87	19:27:00	Deborah Moss	Team Merlin		
88	19:28:00	Bill Maxwell	Border City Whs CC		
89	19:29:00	Martin Brass	Pendle Forest CC		
90	19:30:00	Harry Walker	Revolver Racing		
91	19:31:00	Francis Woodcock	Bury Clarion CC		
92	19:32:00	Cameron Scade	Dumfries CC		
93	19:33:00	Daniel Styler	Croston Velo		
94	19:34:00	Richard Tyson	Rock to Roll CC		
95	19:35:00	Nicholas Cousins	Derby Mercury R C		
96	19:36:00	Sean Owens	Croston Velo		
97	19:37:00	James Brayford	Lyme Racing Club		
98	19:38:00	David Trippier	East Lancashire RC		
99	19:39:00	Fiona Davidson	Dundee Wheelers CC		
100	19:40:00	Stephen Ayres	Bronte Whs		
101	19:41:00	Colin Stevenson	Hawick Cycling Club		
102	19:42:00	Greg Kershaw	Drighlington BC		
103	19:43:00	Martin Engstrom	Garstang Cycling Club		
104	19:44:00	Tony Bowler	Rossendale RC		
105	19:45:00	James Dickson	AIMS Cycling		
106	19:46:00	James Murphy	Vive Le Velo		

Start Number	Start Time	Rider	Club	Gender	Category
107	19:47:00	Andrew Barlow	Kent Valley RC		
108	19:48:00	Maria Mulleady			
109	19:49:00	Stephen Faller	Chorley Cycling Club		
110	19:50:00	Dan Taylor	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers		
111	19:51:00	Angus Wilson	Dundee Thistle		
112	19:52:00	Duncan Buchanan	Fife Century Road Club		
113	19:53:00	Jack Rutland	Cycling Performance Squad		
114	19:54:00	Peter Briscoe	North Lancashire Road Club		
115	19:55:00	Steven Burke			
116	19:56:00	Andrew Newey	Ribble Valley C&RC		
117	19:57:00	Chris Bateman	Border City Whs CC		
118	19:58:00	David Hill	Velo Club Cumbria		
119	19:59:00	Phil Hull	East Lancashire RC		
120	20:00:00	Dan Evans	ASSOS Speed Club UK		
Reserve	--	Sandy Waller	Edinburgh Road Club		
Reserve	--	Peter Leonard	Southport CC		
Reserve	--	Gavin Church	Dumfries CC		
Reserve	--	John Lancaster	Ravensthorpe CC		
Reserve	--	Stuart Maccallum	Dundee Thistle		
Reserve	--	Mark Cleverley	3C Test Team		
Reserve	--	Alan Davidson	Dundee Thistle		
Reserve	--	Michael Greaney	Stockport Clarion CC		
Reserve	--	Philip Elliott	Liverpool Century RC		
Reserve	--	Peter Grindley	Liverpool Century RC		
Reserve	--	John Johnstone	Icarus Racing		
Reserve	--	Kevin Blades	LVC Racing		