

# **Bedfordshire Road Cycling Club (BRCC)**

# **Charity Open 25 mile Time Trial**

01/08/2021 06:30

F1B/25

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

**Event HQ**: Stuart Memorial Hall Car Park, Church Street, Tempsford, Sandy, SG19 2AW. Car park will be open from 6:00am.

Event Headquarters and Sign On Stuart Memorial Hall, Church Street, Tempsford, Sandy, SG19 2AW (motor access is from street through the village, not directly from A1)

- The Hall will be open from 06:00 for toilet facilities only
- Sign on & numbers will be available outside the front of the Hall from 06:00
- No shoe plates are to be worn within the hall
- Junior competitors must present a completed Parental Consent Form at sign on (or bring a parent to fill one in).

### Route from HQ to start

#### Directions to the start-line:

- Follow Church Street away from HQ and ride out of the village up the hill.
- Take the first left at the RAB and cross over the A1.
- Take the first left at the next RAB and continue alongside the A1.
- Continue on this road for approximately a mile and the start is on the right-hand side.
- Give yourself 10-15 mins to reach the start from HQ.

#### Directions from the finish line:

- After passing the finish line on the A1, Pull in safely at the layby just past the pedestrian fly-over and ride back along the pathway.
- This will lead you back to the car park at HQ.

### Course details

START (GR163538) on B1043, 250 yards south of Station Rd., Tempsford; 26yards south of lamp-post B9 and 38 yards north of 1st. drain south of lamp-post B9. Proceed south, straight on at 1st. RAB to join A1 (CARE) and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:- TURN (12.51 miles) by bearing left onto slip road at commencement of A1(M) approx. 2miles north of Baldock. Encircle RAB beneath motorway (junction with A507) and up slip road to rejoin A1 northbound carriageway. Retrace outward route over all RABs to:- FINISH (GR162537) on A1, approx 500 yards north of Tempsford Village Hall and 200yards south of footbridge over A1, at the railings on south side of entry to Anglia Water building. Police Area(s) Bedfordshire

# **Local regulations**

If you feel unwell or are subject to local lockdown restrictions then please do not race.

- This event will be run from the car park of the Stuart Memorial Hall in Tempsford.
- There are toilet facilities in the Village Hall.
- Do not congregate in groups and keep a social distance of at least 2m where possible.
- Race numbers will have been cleaned prior to the event and will be handed out individually.
- Do not pick up your number yourself. Return numbers to the bucket provided after the event.
- We encourage you to bring your own pen to sign in/out and to use your own pins if possible, however pens, pins and sanitiser gel will be provided.
- Please adhere to the social distancing rules when queuing for the toilet and when signing in/out.
- You must sign out when returning your number. Failure to do so will result in disqualification.
- No more than 3 riders at the start line at any one time.
- There will be no pusher-off.
- All riders must have a working rear red light. No light, no ride, no exception.
- Refreshments will be provided in the HQ Hall.
- All results will be posted on the CTT website following the event.
- Do not approach or distract the time-keeper for your time.

We appreciate that some of these rules are an inconvenience, but they must be followed so we can continue to race during these difficult times.

## **Local Regulations and Instructions**

- No U turns to be made in sight of start or finish whilst on the road or anywhere on the A1.
- No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish.
- No parking south of the Wheatsheaf Pub
- Due to complaints from residents you MUST park away from houses.
- Absolutely no parking on any part of the course, at any time.
- NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start point.
- You are reminded to ride on the Left Hand Side of the road except for safe overtaking, in accordance with CTT Regulation 20.
- Any infringement of these regulations / instructions could result in disqualification.

#### **IMPORTANT SAFETY NOTICE**

In the interests of your own safety, Cycling Time Trials and the event promoter strongly

advise you to wear a hard-shell Helmet that meets an internationally accepted standard.

- In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard-Shell Helmets.
- All riders must start with a working rear light either flashing or constant.

# **Organiser contact details**

If you are unable to attend then please do let me know

Have a good ride and stay safe

Ian McDonnell Bedfordshire Road Cycling Club (BRCC) 07876 682890 Ian.m.mcdonnell@gmail.com

# Time keepers/officials

## **Course records**

#### Solo Male

48:30

Ashley Cox

02-Aug-20 | Bedfordshire Road Cycling Club

### **Solo Female**

55:33

**Emily Robertson** 

02-Jun-19 | Bossard Wheelers CC (Charity Event)(90 riders)

## **Solo Male (Junior)**

53:39

Adam Charleston

02-Aug-20 | Bedfordshire Road Cycling Club

### **Solo Female (Junior)**

1:01:08

Elizabeth Marvelly

29-Jul-18 | verulam cc

#### **Tandem**

59:59

Richard May, David Shannon

02-Jun-19 | Bossard Wheelers CC (Tandems)(fee per rider)(Charity Event)

# Awards/prizes

This is a charity event and so no prize money is on offer.

All proceeds will go to the following charity - Sue Ryder St John's Hospice, Moggerhanger

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race

Startsheet for: Bedfordshire Road Cycling Club (BRCC)
Promoted for and on behalf of Cycling Time Trials under its rules and regulations

01/08/2021

numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# **Startsheet**

# **Bedfordshire Road Cycling Club (BRCC)**

| Start<br>Number | Start Time | Rider                    | Club                        | Gender | Category |
|-----------------|------------|--------------------------|-----------------------------|--------|----------|
| 1               | 06:31:00   | Issy<br>Zimmerman        | Verulam Really Moving       |        |          |
| 2               | 06:32:00   | David Heath              | Bedfordshire Road CC        |        |          |
| 3               | 06:33:00   | Sophie Lee               | Team Catenary               |        |          |
| 4               | 06:34:00   | Caroline Wyke            | CC Sudbury                  |        |          |
| 5               | 06:35:00   | Ed Stivala               | Bedfordshire Road CC        |        |          |
| 6               | 06:36:00   | Norman King              | St Neots CC                 |        |          |
| 7               | 06:37:00   | Nicholas<br>Preston      | CC London                   |        |          |
| 8               | 06:38:00   | Miriam Taylor-<br>Carter | Bedfordshire Road CC        |        |          |
| 9               | 06:39:00   | Mark Gray                | Bedfordshire Road RT        |        |          |
| 10              | 06:40:00   | Gareth Daniels           | Icknield RC                 |        |          |
| 11              | 06:41:00   | Mark Bicknell            | CC Luton                    |        |          |
| 12              | 06:42:00   | John Curtin              | Hitchin Nomads CC           |        |          |
| 13              | 06:43:00   | Stephen<br>Butterworth   | St Ives CC                  |        |          |
| 14              | 06:44:00   | Philip Wilkinson         | Milton Keynes RC            |        |          |
| 15              | 06:45:00   | Jim Robertson            | St Neots CC                 |        |          |
| 16              | 06:46:00   | Charles Page             | Ribble Weldtite Pro Cycling |        |          |
| 17              | 06:47:00   | Thomas Walker            | Cambridge University CC     |        |          |
| 18              | 06:48:00   | Dominic<br>Whitehead     | Cambridge CC                |        |          |
| 19              | 06:49:00   | Philip Skinner           | Welwyn Whs                  |        |          |
| 20              | 06:50:00   | Paul Breeze              | Peterborough CC             |        |          |
| 21              | 06:51:00   | David Yates              | High Wycombe CC             |        |          |
| 22              | 06:52:00   | Graham<br>Pepperdine     | Verulam CC                  |        |          |
| 23              | 06:53:00   | Stefan Hurst             | Ronde Cycling Club          |        |          |
| 24              | 06:54:00   | Oswin Grady              | Bedfordshire Road CC        |        |          |
| 25              | 06:55:00   | lan Bibby                | Finsbury Park CC            |        |          |
| 26              | 06:56:00   | Sean McDougall           | Icknield RC                 |        |          |
| 27              | 06:57:00   | Chris Symonds            | North Road CC               |        |          |
| 28              | 06:58:00   | Mark Booth               | Spalding CC                 |        |          |
| 29              | 06:59:00   | Jon Friend               | Bedfordshire Road RT        |        |          |
| 30              | 07:00:00   | Adam Quilter             | High Wycombe CC             |        |          |

| Start<br>Number | Start Time | Rider              | Club   | Gender | Category |
|-----------------|------------|--------------------|--|--------|----------|
| 31              | 07:01:00   | Loz Staples        | Velo-One Cycling Team(Staples Vegetables-GreatBritish Farmers) |        |          |
| 32              | 07:02:00   | Andy King          | Kettering CC   |        |          |
| 33              | 07:03:00   | David Creese       | Chronos RT   |        |          |
| 34              | 07:04:00   | Stan Nwaka         | Verulam CC   |        |          |
| 35              | 07:05:00   | Richard Moule      | Bossard Whs  |        |          |
| 36              | 07:06:00   | Noel Toone         | Kettering CC   |        |          |
| 37              | 07:07:00   | Mark Halliday      | North Bucks RC   |        |          |
| 38              | 07:08:00   | Elspeth Grace      | Cambridge University CC  |        |          |
| 39              | 07:09:00   | Anneleen<br>Bosma  | Bianchi HUNT Morvélo   |        |          |
| 40              | 07:10:00   | Allison Kaye       | Verulam CC   |        |          |
| 41              | 07:11:00   | Robert Barker      | Kettering CC   |        |          |
| 42              | 07:12:00   | Adrian Gower       | Hitchin Nomads CC  |        |          |
| 43              | 07:13:00   | Steve Clarke       | TMG Horizon Cycling Team                                       |        |          |
| 44              | 07:14:00   | Roger Sewell       | Wisbech Whs  |        |          |
| 45              | 07:15:00   | Alan Crane         | Chronos RT   |        |          |
| 46              | 07:16:00   | David Bagdan       | Oxonian CC   |        |          |
| 47              | 07:17:00   | Richard Tully      | Elite Cycling  |        |          |
| 48              | 07:18:00   | Mike Watson        | Lowestoft Wheelers Cycling Club                                |        |          |
| 49              |            | Peter Richards     | Icknield RC  |        |          |
| 50              | 07:20:00   | Ben Farrer         | Vector Cycling Race Team                                       |        |          |
| 51              | 07:21:00   | Sam Barker         | Kettering CC   |        |          |
| 52              | 07:22:00   | Adrian Cox         | Team Milton Keynes   |        |          |
| 53              | 07:23:00   | Dave Clark         | Orwell Velo  |        |          |
| 54              | 07:24:00   | Jason Stuart       | Team Salesengine.co.uk   |        |          |
| 55              | 07:25:00   |                    | Westerley Cycling Club   |        |          |
| 56              | 07:26:00   | Euan Tebbutt       | Cambridge University CC  |        |          |
| 57              | 07:27:00   | Peter Lloyd        | Lindfield Coffee Works   |        |          |
| 58              | 07:28:00   | Alex Purcell       | CC Sudbury   |        |          |
| 59              | 07:29:00   | Howard Waller      | Python RT  |        |          |
| 60              | 07:30:00   | Andy Sharman       | Team Bottrill  |        |          |
| 61              | 07:31:00   | Steve Tooke        | The Bike Loft  |        |          |
| 62              | 07:32:00   | Jack Patmore       | George Fox Cycling Solutions                                   |        |          |
| 63              | 07:33:00   | Adam Fisher        | Cambridge CC   |        |          |
| 64              | 07:34:00   | Martin Reynolds    | ,  |        |          |
| 65              | 07:35:00   | Luke Clarke        | TMG Horizon Cycling Team                                       |        |          |
| 66              | 07:36:00   | Joshua Wallis      | Spalding CC  |        |          |
| 67              | 07:37:00   | Hayley<br>Simmonds | CAMS Racing  |        |          |
| 68              | 07:38:00   | lan Markham        | Chronos RT   |        |          |

Startsheet for: Bedfordshire Road Cycling Club (BRCC)
Promoted for and on behalf of Cycling Time Trials under its rules and regulations

01/08/2021

| Start<br>Number | Start Time | Rider        | Club                         | Gender | Category |
|-----------------|------------|--------------|------------------------------|--------|----------|
| 69              | 07:39:00   | Dave Johnson | VC 10                        |        |          |
| 70              | 07:40:00   | George Fox   | George Fox Cycling Solutions |        |          |
| 71              | 07:41:00   | Fabos Young  | George Fox Cycling Solutions |        |          |
| 72              | 07:42:00   | Ross Clarke  | TMG Horizon Cycling Team     |        |          |
| 73              | 07:43:00   | Ashley Cox   | Team Bottrill                |        |          |