

VC Glasgow South (entries close 06/06/21)

Open Event

12/06/2021 10:00

WW10/02

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Race HQ will be outdoors in the car park at Eastwood Golf Club, Muirsheld, Loganswell, Newton Mearns, Glasgow G77 6RX. <https://www.google.com/maps/@55.7488399,-4.3628184,15z>

Please note there are no toilets available at the Race HQ. The closest public toilets are at "The Avenue", Mearns Cross.

Route from HQ to start

Route to Start

<https://www.google.com/maps/dir/55.7531753,-4.3600503/Glasgow/@55.7483157,-4.3712121,15z/data=!3m1!4b1!4m9!4m8!1m0!1m5!1m1!1s0x48883795264a2599:0x1c35bed8912d3e99:4.3611704!2d55.7452166!3e1>

When cycling to and from the start please use the cycle lane to avoid the race route.

Course details

Start on A77 West of junction with M77 Roundabout opposite entrance to East Renfrewshire Golf Club proceed on A77 to roundabout after Junction 6, Galston exit from M77 and retrace to finish at the entrance to the East Renfrewshire Golf Club near junction with M77 Roundabout

Local regulations

COVID 19 rules

You should not attend if you feel ill in ANY way especially if you or family members have any symptoms.

You should be aware that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that you should DNS and leave immediately and not go to the start line if you feel this is the case.

All warm ups to be conducted independently and ideally competitors should not warm up in the Race HQ car park, please warm up on the road individually but please avoid the race route.

Turbo trainers can only be used if warming up is carried out independently away from the event HQ. It will be possible to warm up on Mearns Road between the entrance to Race HQ and the junction with the Glasgow Southern Orbital.

Competitors on finishing should not stop at the finish and should not loiter at the HQ/car park. Upon completion of their ride all competitors should sign out promptly and having done so then pack away and leave immediately.

Unless using a skinsuit with transparent pockets all competitors must bring their own safety pins to secure their number.

Organiser contact details

Allan Maxwell
26 Eaglesham Road Glasgow
07501 506775

allanmaxwell27@gmail.com

Time keepers/officials

Starter - Jim Smith

Finish - Linda & Geoff Smith

Course records

Solo Male

19:41

John Archibald

16-Jun-18 | vc glasgow south

Solo Female

25:47

Kate Richardson

24-Jun-18 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Solo Male (Junior)

22:40

Alexander Dent

20-May-17 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Solo Female (Junior)

25:47

Kate Richardson

24-Jun-18 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Tandem

23:03

Jack Peasgood, Alison Patrick

16-Jun-18 | vc glasgow south (tandems)(fee per rider)

Awards/prizes

There will be no prize giving on the day.

Results will be published on the CTT website.

Prize winners will be contacted by email.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
17	10:17:00	Alastair Pell	Glasgow Nightingale CC		
18	10:18:00	Calum McVie	Torvelo Racing		
19	10:19:00	Jennifer Nicol	Velo Club Vitesse		
20	10:20:00	Steven Currie	Glasgow Ivy CC		
21	10:21:00	Ryan Redpath	Coatbridge Clarion CC		
22	10:22:00	Jacqui Thomson	Fusion Triathlon Club		
23	10:23:00	Ross Allan	St Christopher's CC		
24	10:24:00	Iain Alexander	Arria Wheelers Cycling Club		
25	10:25:00	Andrew Wilson	St Christopher's CC		
26	10:26:00	Miriam Gilbride	Pro Endurance Coaching		
27	10:27:00	Kevin Duffy	Glenmarnock Wheelers		
28	10:28:00	Steve Donaldson	Fullarton Wheelers		
29	10:29:00	Lindsay Foster	Ayrodynamic Triathlon Club		
30	10:30:00	Dugald McCallum	Paisley Velo		
31	10:31:00	Carole Dick	Stirling Bike Club		
32	10:32:00	George Skinner	Royal Albert Cycling Club		
33	10:33:00	Wilf ..	Arria Wheelers Cycling Club		
34	10:34:00	Steven Grier	Loudoun Road Club		
35	10:35:00	Tom Kennedy	Stirling Bike Club		
36	10:36:00	Chris Hunter	Glasgow Ivy CC		
37	10:37:00	Elizabeth Wisdish	Glasgow Wheelers		
38	10:38:00	Paul Hornby	Glasgow Ivy CC		
39	10:39:00	Thomas Brown	Johnstone Wheelers		
40	10:40:00	Jayson Weale	Royal Albert Cycling Club		
41	10:41:00	Stuart MacKay	Dunfermline CC		
42	10:42:00	Jesse Dawson	Glasgow Nightingale CC		
43	10:43:00	Glen Hornby	Glasgow Ivy CC		
44	10:44:00	Richard MacPherson	Glasgow United CC		
45	10:45:00	Brendan McCabe	Aberdeen Wheelers		
46	10:46:00	Alexandra Ligeti	Vanelli-Project GO		
47	10:47:00	Liam Scott Douglas	Dooleys RT		

Start Number	Start Time	Rider	Club	Gender	Category
48	10:48:00	Patricia Baird	Ecosse Performance Cycling Coaching		
49	10:49:00	John McKie	Ayr Roads CC		
50	10:50:00	James Muir	Glasgow Nightingale CC		
51	10:51:00	Conal Davidson	Edinburgh Road Club		
52	10:52:00	Neil Mitchell	Road Club Cumbernauld & Kilsyth		
53	10:53:00	Brian Nicol	Velo Club Vitesse		
54	10:54:00	Ryan Bunyan	Torvelo Racing		
55	10:55:00	Alan Turnbull	Hawick Cycling Club		
56	10:56:00	Ian Hannah	Newton Stewart Triathlon Club		
57	10:57:00	Alan Clark	Torvelo Racing		
58	10:58:00	Jim Barr	VC Glasgow South		
59	10:59:00	Murray Ferguson	Torvelo Racing		
60	11:00:00	Marc Anderson	GTR - Return To Life p/b Streamline		
61	11:01:00	Ian King	Velocity 44		
62	11:02:00	Simon Porter	Fullarton Wheelers		
63	11:03:00	Andrew Smith	VC Glasgow South		
64	11:04:00	Joe Hands	BPC Race Team		
65	11:05:00	Alasdair MacMillan	Musselburgh RCC		
66	11:06:00	James Snodgrass	Johnstone Wheelers		
67	11:07:00	William MacDonald	Ecosse Performance Cycling Coaching		
68	11:08:00	Craig Paterson	East Kilbride Road Club		
69	11:09:00	Allan Duncan	Fullarton Wheelers		
70	11:10:00	Martin Smith	St Christopher's CC		
71	11:11:00	Graeme Jardine	Bute Wheelers		
72	11:12:00	Tony Scott	Loudoun Road Club		
73	11:13:00	Ben Dixon	Royal Navy & Royal Marines CA		
74	11:14:00	Chris Oneill	Glasgow Nightingale CC		
75	11:15:00	Andrew Gallacher	Livingston Cycling Club		
76	11:16:00	Gordon Murdoch	GTR - Return To Life p/b Streamline		
77	11:17:00	Neil Griffiths	Torvelo Racing		
78	11:18:00	William Bonar	GTR - Return To Life p/b Streamline		
79	11:19:00	Jason Roberts	Vanelli-Project GO		
80	11:20:00	Ian Anderson	Fullarton Wheelers		
81	11:21:00	Alexander MacRae	Velopreda		

Start Number	Start Time	Rider	Club	Gender	Category
82	11:22:00	Joanna Patterson	The Independent Pedaler-Nopinz		
83	11:23:00	Oliver Murray	Vanelli-Project GO		
84	11:24:00	Jennifer George	The Independent Pedaler - Nopinz		
85	11:25:00	Gavin Shirley	Studio Velo		
86	11:26:00	Hans Forhaug	Glasgow United CC		
87	11:27:00	Luke Maguire	Torvelo Racing		
88	11:28:00	Silas Goldsworthy	Ryan's Bike Surgery - Thomson Homes		