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# **Paceline RT (Sporting)**

**15.4 mile sporting TT**

**09/05/2021 08:00**

**GS/483**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

St John's Primary School

Goodwyns Road

Dorking

RH4 2LR

## Route from HQ to start

Turn left out of HQ on Goodwyns Road, Left on to Flint Hill. Straight on at roundabout to Spook Hill. Start is at far end of Spook Hill before junction with A24

HQ to start distance 0.6 miles

## Course details

**CTT LONDON SOUTH DC - 15.38 MILES COURSE - GS/483**

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NORTH HOLMWOOD /BEARE GREEN/CLARK'S  
GREEN/RUSPER/NEWDIGATE/HOLMWOOD PARK - A24

## COURSE DETAILS

OS	REF	DETAILS	DISTANCES
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167469 from	START 0.00 0.00	in Spook Hill, North Holmwood at PO Telephone Inspection Cover	30 yards
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Junction with a24

Proceed to A24 where LEFT into acceleration lane to join A24. Proceed south to Beate Green

177428	RBT	(roundabout)	2.67 2.67
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171397 RBT	2nd exit and follow 2.24 4.91	Capel by-pass to Clark's Green
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205375 LEFT 2nd exit and follow Rusper Road to Rusper  
(CHECK) 3.42 8.33

196424 SHARP LEFT and proceed north to junction with Henfold Lane in Newdigate  
2.67 11.00

179475 LEFT into Henfold Lane and proceed north to junction with Inholms  
Lane 4.20 15.20

LEFT into Inholms Lane to FINISH opposite gate into Holmwood Park, about 150 yards west  
175473 of Russett way

**COURSE****NOTES**

(CR/LSDC/0198)

District Reg. revised 05/07.

Course measured by John Watts

**GENERAL NOTES** to be displayed at Signing On Point

London South District regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the

vicinity of the start and finish areas.

**SAFETY INSTRUCTIONS**

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note

of these details when they sign on.

Competitors must exercise extra care when joining the A24 just after the start, when turning Sharp Left in Rusper and at all

Roundabouts.

No times will be given at the Finish,

### **GUIDANCE NOTES FOR Event Promoters**

Promoters should refer to the GENERIC Risk Assessment and check that all measures to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event,

Contacting the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event,

The Specific Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses & Risk Assessment)

-see details in the CTT Handbook.

Promoters should be familiar with CTT Regulations and, in particular, the Sections "Duties of Promoting Secretaries" and

"Abandonment or Postponement of Events" as published in the CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been

no incident in connection with the event and for three years if there has been an incident.

Details of Safe Routes to the Start and from the Finish may be added to the Safety Instructions on the Start Sheet where

appropriate.

### **COURSE DETAILS for submission on the Police Notification Form.**

The Course details given below are in a format suitable for the Police Notification Form:-

**GS/483** START in Spook Hill, Noth holmwood, 30 yards from junction with A24. Proceed to A24 where LEFT into acceleration

lane to join A24. Proceed south to Beare Green RBT. 2nd exit and follow A24 to Clark's Green RBT. 2nd exit LEFT to Rusper.

SHARP LEFT to Newdigate. LEFT into Henfold Lane and proceed north via Henfold Hill and Blackbrook to turn LEFT into

Inholms Lane to FINISH opposite gate into Holmwood Park , 150 yards west of Russett Way

(A form) (Revised 26.05.07)

(CR/LSDC/COURSE GS/483)

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## CTT LONDON SOUTH DC - 15.38 MILES COURSE - GS/483

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### GENERIC RISK ASSESSMENT

<u>Location</u>	<u>Details of Hazards</u>	<u>Risk</u> <u>H/M/L</u>	<u>Measures to reduce Risk</u>
1.General Requirements	Road usage meets	L	Traffic counts
Course	CTT Traffic standards		Time restrictions on use of
2. Before START	Competitors riding from Event	L	<i>Instruction on Start sheet</i>
	Headquarters		
	Competitors warming up		
3. Area of START	Competitors waiting by side of road	L	Cycle Event Warning Sign on
junction	Timekeepers and event officials		A24 north of Spook hill
	vehicles only in Start area		
4. <u>START</u>	Competitors and/or Holder Up	L	NAM (no additional measures)

Spook Hill	falling		
North Holmwood			
5. Junction with A24	LEFT into acceleration lane to join A24 southbound	L	<i>Marshal at junction</i>  <i>Instruction on Start Sheet</i>
6. Mid Holmwood Lane	Minor road on Left side	L	NAM
7. Holmwood View Road	Minor road on Left side	L	NAM
8. Mill Road	Minor road on Left side  but traffic can cross dual carriageway here  Event route has priority	L	NAM
9. Minor road to Holmwood Corner	Minor road on Left side	L	NAM
10. Garage on Left	Access and exit roads	L	NAM
11. Newdigate Road	Minor road on Left side	L	NAM
12. Beare Green RBT	2 nd exit to stay on A24  Capel by-pass	L	<i>Marshal at RBT</i>  <i>Direction sign for</i>  <i>Instruction on start Sheet</i>
Competitors			
13. Wigmore Lane	Minor crossroads but traffic  crossroads can cross dual carriageway here	L	NAM

Event route has priority

14. Coles Lane crossroads	Minor crossroads but traffic can cross dual carriageway here Event route has priority	L	NAM
15. Clark's Green RBT	LEFT 2 nd exit into Rusper Road Which leads into Capel Road	L	<i>Marshal at junction</i> <i>Direction sign for Competitors</i> <i>Instruction on Start Sheet</i>
16. Junction with Newdigate Road	SHARP LEFT into Newdigate Road Traffic coming from Right	L	<i>Marshal at junction</i> Cycle event warning Sign in High Street south of junction <i>Instruction on Start Sheet</i>

(A form) (Revised 26.05.07)  
GS/483)

(CR/LSDC/COURSE

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**GENERIC RISK ASSESSMENT**

<u>Location</u>	<u>Details of Hazards</u>	<u>Risk</u>	<u>Measures to reduce Risk</u>
		<u>H/M/L</u>	
17. Kingsland	Minor road on Left side	L	NAM

18. Junction with Henfold Lane Competitors	LEFT into Henfold Lane	L	<i>Marshal at junction</i>  Direction Sign for
19. Mill Road	Minor road on Left side	L	NAM
20. Junction with Inholms Lane competitors	LEFT into Inholms Lane	L	<i>Marshal at junction</i>  Direction sign for
21. <u>FINISH</u>  opposite gate into Holmwood Park 150 yards west of Russett way	Timekeepers and event officials  vehicles only in Finish area	L	<i>Chequered Board/Flag</i>  <i>Instruction on Start Sheet</i>  <i>-no times to be given to</i>  <i>Competitors at Finish</i>
22. After FINISH	Competitors returning to event HQ	L	<i>Safe Routes to Event HQ</i>

**NOTE**

Where "NAM" (no additional measures) is listed under the heading "Measures to Reduce Risk", the specified hazard is considered to be of no greater risk to the competitors than to any other road user

**NOTE FOR PROMOTERS OF CLUB EVENT**

*Items in italics in the final column of this GRA may omitted when the course is used for a club event.*



## Local regulations

## Organiser contact details

Pat Wright

[07729836871](tel:07729836871)

pswright54@hotmail.com

## Time keepers/officials

Start - Robin Johnson

Finish - Paul Tunnel

## Course records

### Solo Male

35:22

Carl Ferri

01-May-16 | dulwich paragon cc (spoco se

### Solo Female

38:59

Mathilde Pauls

01-May-16 | dulwich paragon cc (spoco se

## Awards/prizes

### MALE

1st overall - £40

2nd - £30

3rd - £20

4th - £10

### FEMALE

1st overall - £40

## **VETS**

1st on standard - £30

2nd - £20

3rd - £10

## **TEAM**

1st Team of 3 - £10 per rider

...1 prize per rider (excluding TEAM prize)

## **NOTES TO COMPETITORS:**

### **17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Paceline RT (Sporting)

Start Number	Start Time	Rider	Club	Gender	Category
73	09:13:00	Jennifer Fernando	Total Tri Training		
75	09:15:00	David Drake	South London Harriers		
76	09:16:00	Bradley Wright	London Dynamo		
78	09:18:00	Ben Bryant	Elite Cycling		
79	09:19:00	Jack Whitehouse	Vector Cycling Race Team		
80	09:20:00	Daniel Drake	South London Harriers		
81	09:21:00	Peter Owen	Norwood Paragon CC		
82	09:22:00	Tom Miller	Onyx RT		
83	09:23:00	Steve Avery	Bigfoot CC		
84	09:24:00	Alan Grant	VTTA (London & Home Counties)		
85	09:25:00	Joe Fellows	Trash Mile		
86	09:26:00	James Miller	Onyx RT		
87	09:27:00	Brian Jones	Morden CRC		
88	09:28:00	Tim Lewis	Ful-on Tri		
89	09:29:00	Dan Higginson	Velo 1860		
90	09:30:00	Neil Houldey	Dorking Cycling Club		
91	09:31:00	Alexander Kew	Kingston Phoenix RC		
93	09:33:00	Oliver Roberts	PBscience.com		
94	09:34:00	Joe Spraggins	Clapham Chasers		
95	09:35:00	Robert Drake	Addiscombe CC		
96	09:36:00	Paul Newsome	Project 51		
97	09:37:00	Adrian Blacker	VTTA (Surrey/ Sussex)		
98	09:38:00	Richard Tully	Elite Cycling		
99	09:39:00	Stu Nisbett	Crawley Wheelers		
100	09:40:00	Wilfred Sinclair	Velo 1860		
101	09:41:00	Adam Wells	Paceline RT		
102	09:42:00	Amy Marks	Hutchinson - Brother UK		
104	09:44:00	Peter Allan	Team Velo Sportif		
106	09:46:00	Edward Hales	London Dynamo		
108	09:48:00	Ross Chaplin	Onyx RT		
110	09:50:00	Pjotrs Suhovs	Paceline RT		
112	09:52:00	Jamie Olsson			
114	09:54:00	Tom Portsmouth	Charlotteville Cycling Club		

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
116	09:56:00	Charlie Bailey	Foran CCC		
118	09:58:00	Ole Henrik Bang-Andreasen	Onyx RT		
120	10:00:00	Paul Burton	Paceline RT		