

# **Leicestershire Road Club (MEN)(road Bikes only, no Tri Bars)**

**Annual Hilly 27.2 Mile Time Trial For Road bikes Only This is also a counting event in the Aero Coach road Bike TT series**

**02/05/2021 09:00**

**AH/1**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

Holland Nurseries.

Skylark Farm,

Tilton Road,

Twyford LE14 2HZ

## Route from HQ to start

From the HQ turn left on the B6047 towards Twyford, the start is 1/2 mile down the Hill on the right by the field gate, opposite the last house in Twyford.

## Course details

The route is on a mix of rolling unclassified lanes with many blind corners. Please ride on the Left hand side of the road and be prepared to stop at to give way. Extreme care must be taken on the 3 right turns.

Start by the gate @ the bottom of Thimble Hill south west of Twyford B6047. Up Hill 3/4 mile turn Right with Care at top junction towards Queniborough, continue 1 miles and left into Baggrave park. Care undulating road with cattlegrids. Exit via lodge, right turn, Care at junction. Continue 1 mile and past Hungerton Black Boy pub then take left turn to Keyham. Left at junction onto Keyham Lane, continue to T junction at Billesdon Coplow. Left turn and continue on top road towards Tilton-on-the Hill. At t junction turn left and continue through Tilton village, turn right in filter lane at east end signed Halstead. Continue 100 yards then turn left onto Oakham Road. Continue 4 miles towards Braunston in Rutland. Sharp left at junction signpost Knossington. Continue 1.5 miles to Knossington village left turn at T junction. Continue on main street by Fox and Hound pub, Care narrow road with parked cars. Continue 1.5 miles towards Somerby, then left at T junction. Continue 2 miles through Somerby and Pickwell, 500 yards after Pickwell village turn left signed Little Dalby. Care on bends through woodlands. In 1 mile left turn at wooden bus shelter in Little Dalby. Continue 2 miles to Great Dalby. Left at junction up hill follow road right at top of hill into village. At junction with B6047 turn left towards Twyford. Continue 2.5 miles south through Thorpe Satchville on B6047 to finish at bottom of the hill at the end of lay-by. 27.2 miles total.

## Local regulations

- Promoted for & behalf of Cycling Time Trials under its Rules & Regulations
  - We strongly recommend the use of a rear light during the event on your bike.
  - There will be no Results board at the HQ- these will be posted on the Leicestershire Road Club Hilly TT Facebook page & Leicestershire Road Club Twitter feed during the event. These will be provisional until all results are checked & clarified.
  - All riders must bring a pen to sign in & out of the event-non will be provided.
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- Competitors should not attend if they feel ill in ANY way or if family members have any Covid symptoms.
  - An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
  - All warm-ups should be done on the road. Static warm-ups are prohibited. Please be considerate while warming up as other riders may be racing.
  - Riders MUST NOT gather in anyway regardless of current guidelines in the car park, HQ area or elsewhere.
  - Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.

## Organiser contact details

Chris Thompson  
17 Wysall Lane Rempstone Near Loughborough  
07546 834545  
01509 880748  
chris-thompson-22trees@hotmail.co.uk

## Time keepers/officials

Timekeepers--Start line-Tom Bailey    Finish line--Dave Binks & Norman Portess- Assistants- Steve Perkins & Alan Staniforth

Event Secretary; Chris Thompson

Chief marshal; Glen Coltman

HQ-Sign on & Results -Gary & Theresa Coltman

## Course records

### Solo Male

1:06:14

Harry Thompson

28-Apr-19 | Leicestershire RC (No Tri-Bars or TT Machines)

### Solo Female

1:20:18

Yasmin Marks

28-Apr-19 | Leicestershire RC (No Tri-Bars or TT Machines)

## Awards/prizes

Senior Men 1st £50 & Aero Coach Voucher 2nd £40, 3rd £30, 4th £20, 5th £10

Team of 3 1st £30, 2nd £15

## NOTES TO COMPETITORS:

### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Leicestershire Road Club (MEN)(road Bikes only, no Tri Bars)

Start Number	Start Time	Rider	Club	Gender	Category
93	10:33:00	James Fuller	Tricycle Association (Eastern Region)		
94	10:34:00	Andy Wilkins	Race Hub		
95	10:35:00	Ben Barlow	Loughborough Students Cycling Club		
96	10:36:00	Nathan Higgs	Leicester Forest CC		
97	10:37:00	Alexander Taylor	Leicestershire RC		
98	10:38:00	Samuel Woodfield	UpShift Nutrition Race Team		
99	10:39:00	Tommy Burstn	Race Hub		
100	10:40:00	Steve Savage	Melton Olympic CC		
101	10:41:00	Ashley Roue	Team Lutterworth Cycle Centre		
102	10:42:00	Matthew Mernin	Muckle Cycle Club		
103	10:43:00	Greig Burt	Beeston Cycling Club		
104	10:44:00	Richard Lucas	Mapperley CC		
105	10:45:00	Tom Timothy	Ribble Weldtite Pro Cycling		
106	10:46:00	Adam Baker	Royal Air Force Cycling Association		
107	10:47:00	Matthew Lebelinski	Ilkeston Cycle Club		
108	10:48:00	William Brown	Ribble Weldtite Pro Cycling		
109	10:49:00	Mark Jagger	Team Lifting Gear Products		
110	10:50:00	Gruffudd Lewis	Ribble Weldtite Pro Cycling		
111	10:51:00	Gary Blackman	West Midlands Police CC		
112	10:52:00	Cian Leveridge	Team PB Performance		
113	10:53:00	Philip Richards	Leicestershire RC		
114	10:54:00	Gareth Haines	Race Hub		
115	10:55:00	Tom Foreman	RODE Cycles		
116	10:56:00	James Donaldson	Leicester Forest CC		
117	10:57:00	Simon Maddox	Race Hub		
118	10:58:00	Patrick Heron	Matlock CC		
119	10:59:00	Oscar Smith	Peterborough CC		

Start Number	Start Time	Rider	Club	Gender	Category
120	11:00:00	Frederik Scheske	Ribble Weldtite Pro Cycling		
121	11:01:00	Daniel Lord	University of Warwick		
122	11:02:00	Benjamin Whitehead	Hinckley Cycle Racing Club		
123	11:03:00	Martin Garner	Team Bottrill		
124	11:04:00	Laurence Warren-West	RAMcc		
125	11:05:00	Charles Page	Ribble Weldtite Pro Cycling		
126	11:06:00	Michael Cooke	Nottingham Clarion CC		
127	11:07:00	Peter Alfano	Leicester Forest CC		
128	11:08:00	Andrew White	Army Cycling		
129	11:09:00	Ben Whitaker	Leicester Forest CC		
130	11:10:00	Cameron Jeffers	Ribble Weldtite Pro Cycling		
131	11:11:00	Nick Hammond	Ilkeston Cycle Club		
132	11:12:00	Jack Rees	Ribble Weldtite Pro Cycling		
133	11:13:00	John Spanner	Ilkeston Cycle Club		
134	11:14:00	Max Williams	Race Hub		
135	11:15:00	Richard Jones	Ribble Weldtite Pro Cycling		
136	11:16:00	Anthony Rusch	The Dead Parrots		
137	11:17:00	Sam Parker	Coalville Whs		
138	11:18:00	Adam Millington	Team PB Performance		
139	11:19:00	Euan Bell	Race Hub		
140	11:20:00	Oliver Maxwell	Saint Piran		
141	11:21:00	Robert Rusch	The Dead Parrots		
142	11:22:00	Michael Chadwick	Clancy Briggs Cycling Academy		
143	11:23:00	Darren Rider	Team PB Performance		
144	11:24:00	Matt Ryder	Leicestershire RC		
145	11:25:00	Joe Wilson	Ribble Weldtite Pro Cycling		
146	11:26:00	Oliver Smee	Ilkeston Cycle Club		
147	11:27:00	Rob Wild	Velo Club Long Eaton		
148	11:28:00	Samuel Hillen	Ilkeston Cycle Club		
149	11:29:00	Gavin Jones	Nottingham Clarion CC		
150	11:30:00	Ashley Cox	Team Bottrill		
151	11:31:00	Tom Hill	Coalville Whs		
152	11:32:00	Joshua Price	Embark Spirit BSS		
153	11:33:00	Jacob Tipper	Ribble Weldtite Pro Cycling		
154	11:34:00	Isaac Hudson	UpShift Nutrition Race Team		
155	11:35:00	Phil Williams	Team Bottrill		
156	11:36:00	Edward Scarrow	VC Norwich		
157	11:37:00	Matt Gibson	Ribble Weldtite Pro Cycling		

Start Number	Start Time	Rider	Club	Gender	Category
158	11:38:00	Alex Whitmore	Ratae RC		
159	11:39:00	Gerard Henry	University of Warwick		
160	11:40:00	Simon Wilson	Ribble Weldtite Pro Cycling		
161	11:41:00	George Pittock	Thanet RC		
162	11:42:00	Sam Morris	Loughborough Students Cycling Club		
163	11:43:00	Adam Kenway	Team Brother UK		
164	11:44:00	Elliot Harrison			
165	11:45:00	Zeb Kyffin	Ribble Weldtite Pro Cycling		
166	11:46:00	Jenson Young	Saint Piran		
167	11:47:00	Isaac Peatfield			
168	11:48:00	Sebastian Palmer	Rugby Velo		
169	11:49:00	Alex Raynard	Team Lifting Gear Products		
170	11:50:00	James Shaw	Ribble Weldtite Pro Cycling		
171	11:51:00	Matthew Ellis	Saint Piran		
172	11:52:00	Toby Barnes			
173	11:53:00	Max Hale	Bourne Wheelers		
174	11:54:00	Axel Dopfer	Loughborough Students Cycling Club		
175	11:55:00	Dan Bigham	Ribble Weldtite Pro Cycling		
176	11:56:00	James Gelsthorpe	Velo-One Cycling Team (Staples Vegetables-Great British Farmers)		
177	11:57:00	Isaac Russell	Team PB Performance		