

Lea Valley CC (Tandems)(fee per rider)(150 riders)

10 Mile TT on the Newmarket E2 course.

02/07/2022 14:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Local regulations

No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre may result in disqualification and disciplinary action.

No warming up on the course once the event has started.

Riders MUST NOT wait on the carriageway when waiting to start.

No vehicles to park or stop on slip road or verges at Start or Finish; the road is a Clearway and stopping is an offence.

Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

Also note updated CTT Regulations 14(i+j) & 15 making both a front white light and red rear light compulsory, along with a Helmet. NO LIGHTS OR HELMET– NO RIDE

Parking is NOT provided by event organisers. All entrants parking is at own risk. Please be mindful when parking near the Race HQ as this is a residential area.

The Veterinary Surgery Near the start area has allowed parking in thier field adjacent to the start. Please see attatched docs for details.

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

Event Secretary Mark Freeman		Time Keepers Mike Keen Freda Wezel Asst Time Keeper Ian Taylor
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Course records

Solo Male

00:17:20

Alex Dowsett

30-May-14 | ECCA 10

Solo Female

00:19:31

Joanna Patterson

23-Jun-21 | East Anglian VTTA (Preference to EA VTTA members)

Solo Male (Junior)

00:18:46

Thomas Day

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)

00:20:40

Elynor Backstedt

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem

00:18:06

Glenn Taylor, Mark Arnold

05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

See Attached Documents

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Andrew Hutchison	Lowestoft Wheelers Cycling Club		
1	14:01:00	Catherine Hutchison	Lowestoft Wheelers Cycling Club		
2	14:02:00	Andy Newham (Trike)	Lincoln Wheelers CC		
2	14:02:00	Dave Mason [Trike]	Lincoln Wheelers CC		
3	14:03:00	Christopher York	Maldon & District CC		
3	14:03:00	Joanne York	Maldon & District CC		
4	14:04:00	Murray Kirton	A5 Rangers CC		
4	14:04:00	David Stockley	A5 Rangers CC		