

# **Tricycle Association (NW)(Tricycles only)**

## **10 MILES TIME TRIAL for TRICYCLES**

**17/09/2022 09:00**

**L101**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

**EVENT HQ: Cabus Village Hall ,A6 North of traffic lights on Garstang by - pass .no U turns at start or finish,to cross road dismount and walk.**

## **Route from HQ to start**

From HQ-Turn right on to the A6 garstang road towards the traffic lights. At the traffic lights turn right on to cockerham road carry on towarda Winmarliegh at the crossroads carry onto the start approxiately (2.5 miles) from Winmarleigh crossroads. to the Glasson Limited Entrance

## **Course details**

START on B5272 road at northern side of entrance to Glasson Limited near Winmarleigh and approximately 2.5 miles north west of garstang.Proceed north along the B5272 to junction with A588 at cockerham(2.75 miles) where bear left along the A588 to stakepool where turn left into Garstang road opposite the Ellerston Arms (7.52 miles) continue to Cogir Hill (9.55 miles) where turn left into Island Lane and continue to finish at the last telegraph pole before Gibstick Cottage West (10 MILES).

## Local regulations

Local Reg5: For the duration of the event,competiters must not ride past the timekeepers except when actually competing.

Local Reg 6: Any competitor making a U turnin the vicinity of the start or finish will be disqualified from the event.

Local Reg10 ; Course L1017 warming up on the course is not permitted for the duration of the event

Local Reg 15:Riders must keep to the left hand side of the road except when overtaking.Failure to comply with the above may lead to disqualification.

## Organiser contact details

Tracy Moore  
2 Smithy Cottages Bigrigg Egremont  
07935947381

tracy-moore44@hotmail.com

## Time keepers/officials

Tracy Moore George Jackson

## Course records

### Solo Male

00:18:51

Simon Wilson

20-Jul-19 | Chorley Cycling Club

### Solo Female

00:22:15

Rebecca Rimmington

24-Jul-21 | Chorley Cycling Club (NLTTA Championship)

### Solo Male (Junior)

00:21:43

Isaac Lawrence

22-May-21 | Lancashire Road Club

### Solo Female (Junior)

00:22:42

Maddie Leech

03-Apr-21 | North Lancashire Road Club (90 Riders)

### **Tandem**

00:23:25

James Prossor, Gill Craske

16-Sep-17 | tricycle association (nw)(tandems and tandem tricycles only)(fee per rider)

### **Team TT**

00:20:11

Chris Booth, Thomas Minns

13-May-21 | Blackburn & District CTC (2up TTT)(fee per rider)(50 teams)

### **Awards/prizes**

Fastest: T A Medal

Fastest on Handicap:The Cumbria 10 Trophy and T A Medal

Fastest Vet with biggest plus on Standard:N W Region Certificate

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Tricycle Association (NW)(Tricycles only)

Start Number	Start Time	Rider	Club	Gender	Category
2	09:02:00	Paul Markey	The Tricycle Association (North Eastern Region)		
3	09:03:00	Vic Trigger	Crewe Clarion Wheelers		
4	09:04:00	Brian Moore	The Tricycle Association - North Western Region		
5	09:05:00	Alan Shuttleworth	Weaver Valley CC		