# VTTA London & Home Counties (Tandems)(fee per rider)(Pref to VTTA members)(entries close 19/04/22)

VTTA London & Home Counties 10m Time Trial – F11/10 - Tandem

08/05/2022 08:00

F11/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



# **Headquarters**

**Tring Sports Centre** 

**Mortimer Hill** 

Tring

**HP23 5JD** 

What3words ///unfit.convert.neat

open from 7.31 am

Signing on will take place in the main sports hall which is accessed down the side passage on the left (it will be sign posted), and then look for the BIG red square. Do not enter via the main reception, otherwise you might end up going for a swim.

This recently rebuilt sports centre has plenty of toilets, changing rooms and showers. The floor is brand new so do not wear your cycling shoes in the hall.

### Route from HQ to start

Start Maps location: for 51.79193351968347, -0.6874430467625308

Approximate location what3words ///mistaken.protect.shallower

1.7 miles (10 minutes)

Turn Right out of the HQ, proceed down Mortimer Hill.

At the T-junction turn left onto Brook Street (B488~) and then immediately right at the mini-roundabout into the High Street (B4635). Watch out for any speed ramps or cobbles.

Procced along the High Street to a larger Roundabout and take the 2<sup>nd</sup> exit ("straight over") onto Western Road and proceed, as it is renamed Aylesbury Road, and climb the hill (about 30m in height gain) to the (familiar) start (1<sup>st</sup> exit) at the roundabout. (A41/B4009/Icknield Way).

# Course details

START on southbound sliproad to A41 on the Western Tring junction approx 40 yards from the start of the sliproad. Proceed along A41 to come off at first sliproad (Eastern Tring junction) to:-TURN (approx 2.0 miles) by taking 4th exit out of RAB and under the A41, going around 2nd RAB to take 2nd exit back onto the A41 westbound and continue past all junctions to RAB at end of Aston Clinton by-pass to:- TURN (7.87 miles) by taking 3rd exit out of RAB back along the by-pass, again ignoring College Road junction to:- FINISH on Buckland sliproad 9 yards south-east of manhole cover on grass verge, about 91 yards nth-west of (i.e. before) separation

# **Local regulations**

Covid – As per Government and CTT guidance applicable on the day.

# Numbers, Signing in and signing out

You sign on in advance of your start at the HQ where you can collect your number and receive any last minute instructions or warnings. You will also **need to sign out of the event otherwise you will be DISQUALIFIED.** 

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

# Car Parking

There must be no parking of motor vehicles on any part of the A41 apart from those of the officials.

Finishing riders MUST leave the main carriageway at the START of the exit slip road to B489. Failure to do so will be recorded as DNF and no time given

# **Organiser contact details**

Geoff Perry 8 The Meadway Loughton Milton Keynes

07808 905879 geoffreyperry@aol.com

# Time keepers/officials

Start Time Keeper - Katja Rietdorf - London & Home Counties VTTA - (LNDC)

Finish Time Keeper - Mike Bannister (LNDC)

#### Course records

#### **Tandem**

18:30

Ian Greenstreet, Rachael Elliott

16-May-21 | Newbury Velo (Tandems)(fee per rider)

# Awards/prizes

Awards are made to VTTA members only.

**VTTA Gold Medals – Fastest Tandem BOS** 

VTTA Gold Medals - Fastest Tandem on Actual Time

## **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# **Startsheet**

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Start Number	Start Time	Rider	Club	Gender	Category
112	10:22:00	Richard May	Islington Cycling Club		
112	10:22:00	David Shannon	Islington Cycling Club		
114	10:24:00	Christopher York	Maldon & District CC		
114	10:24:00	Joanne York	Maldon & District CC		
116	10:26:00	Andrew Hutchison	Lowestoft Wheelers Cycling Club		
116	10:26:00	Catherine Hutchison	Lowestoft Wheelers Cycling Club		