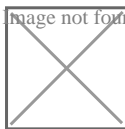


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# **Paceline RT (Sporting)**

## **15.8 mile Sporting TT**

**26/03/2022 07:30**

**GS/483**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

St John's C of E Primary School, Goodwyns Road. Dorking. RH4 2LR

There will be ample parking available at HQ

## Route from HQ to start

Turn left out of HQ on Goodwyns Road, Left on to Flint Hill. Straight on at roundabout to Spook Hill. Start is at far end of Spook Hill before junction with A24

HQ to start distance 0.6 miles

## Course details

**CTT LONDON SOUTH DC - 15.80 MILES COURSE - GS/483**

Page 1

NORTH HOLMWOOD /A24 - BEARE GREEN/CLARK'S  
GREEN/RUSPER/NEWDIGATE/HOLMWOOD PARK

## COURSE DETAILS

OS	REF	DETAILS	DISTANCES
167469 from	<u>START</u> 0.00 0.00	in Spook Hill, North Holmwood at Telephone Inspection	Cover 30 yards
	Junction with a24		
	Proceed to A24 where LEFT into acceleration lane to join A24. Proceed south to Beare Green		
177428	RBT		(roundabout) 2.67 2.67
171397 RBT	2nd exit and follow 2.12 4.79	Capel by-pass to Clark's Green	
205375	LEFT	2nd exit	0.11 4.90

and follow Rusper Road to Rusper (CHECK)  
3.42 8.32

196424 SHARP LEFT and proceed north to junction with Henfold Lane in Newdigate  
3.33 11.65

179475 LEFT into Henfold Lane and proceed north to junction with Inholms  
Lane 3.54 15.19

LEFT into Inholms Lane

171470 to FINISH at end of brick wall by white pillar at entrance to North Holmwood Sports  
Club. 0.61 15.80

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**COURSE****NOTES**

(RJ/LSDC/0621)

District Reg. revised 05/07.

Course measured by Robin Johnson

**GENERAL NOTES** to be displayed at Signing On Point

London South District regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

**SAFETY INSTRUCTIONS**

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note

of these details when they sign on.

Competitors must exercise extra care when joining the A24 just after the start, when turning Sharp Left in Rusper and at both

Roundabouts.

No times will be given at the Finish,

## **GUIDANCE NOTES** FOR Event Promoters

Promoters should refer to the GENERIC Risk Assessment and check that all measures to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event,

Contacting the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event,

The Specific Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses & Risk Assessment)

-see details in the CTT Handbook.

Promoters should be familiar with CTT Regulations and, in particular, the Sections "Duties of Promoting Secretaries" and

"Abandonment or Postponement of Events" as published in the CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been

no incident in connection with the event and for three years if there has been an incident.

Details of Safe Routes to the Start and from the Finish may be added to the Safety Instructions on the Start Sheet where appropriate.

**COURSE DETAILS** for submission on the Police Notification Form.

The Course details given below are in a format suitable for the Police Notification Form:-

**GS/483** START in Spook Hill, North Holmwood, 30 yards from junction with A24. Proceed to A24 where LEFT into acceleration

lane to join A24. Proceed south to Beare Green RBT. 2nd exit and follow A24 to Clark`s Green RBT. 2nd exit LEFT to Rusper.

SHARP LEFT to Newdigate. LEFT into Henfold Lane and proceed north via Henfold Hill and Blackbrook to turn LEFT into

Inholms Lane to FINISH by white pillar outside North Holmwood Sports club.

(**A form**) (Revised 26.05.07)  
(RJ/LSDC/COURSE GS/483)

## Local regulations

## Organiser contact details

Pat Wright  
94 Strathcona Avenue Little Bookham  
[07729836871](tel:07729836871)

pswright54@hotmail.com

## Time keepers/officials

Start - Jeremy Maccelari

Finish - Paul Tunnel

## Course records

### Solo Male

00:33:19

Ole Henrik Bang-Andreasen

09-May-21 | Paceline RT (Sporting)

### Solo Female

00:38:59

Mathilde Pauls

01-May-16 | dulwich paragon cc (spoco se

### Solo Male (Junior)

00:43:11

Jack Hartrey

09-May-21 | Paceline RT (Sporting)(Road Bikes)

## Awards/prizes

1st Male - £30

2nd Male - £20

3rd Male - £10

1st Female - £30

1st Vet on standard - £20

New Course Record - £tbc

...1 prize per rider (excluding CR)

Plan is for prizes to be paid in cash on the day and for a short prize presentation at HQ post-race

### **NOTES TO COMPETITORS:**

#### **17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Paceline RT (Sporting)

Start Number	Start Time	Rider	Club	Gender	Category
30	08:00:00	Jennifer Fernando	Total Tri Training		
45	08:15:00	Frederick Miller	Durham University Cycling Club		
57	08:27:00	Stephen Roach	Norwood Paragon CC		
59	08:29:00	Paul Tippet	Crawley Wheelers		
60	08:30:00	Gregory Speakman	High Wycombe CC		
61	08:31:00	Harvey Jackson	Kingston Wheelers CC		
62	08:32:00	Peter Owen	Norwood Paragon CC		
63	08:33:00	Colin Gray	Norwood Paragon CC		
64	08:34:00	Gary Bull	Elite Cycling		
65	08:35:00	Teresa Goddard	Kingston Wheelers CC		
66	08:36:00	Mark Coombe	Ex Machina		
67	08:37:00	Myles Davidson	Bigfoot CC		
68	08:38:00	Peter Main	34 Nomads CC		
69	08:39:00	Jason Richardson	Dorking Cycling Club		
70	08:40:00	Ragnar Laan	Twickenham CC		
71	08:41:00	Adam Wells	Paceline RT		
72	08:42:00	Tobias Nilsson	Kingston Wheelers CC		
73	08:43:00	David Shepherd	...a3crg		
74	08:44:00	Richard Tully	Elite Cycling		
75	08:45:00	Flora Perkins	VC de Londres		
76	08:46:00	Grant Woodthorpe	Ex Machina		
77	08:47:00	Tim Lewis	Ful-on Tri		
78	08:48:00	Mike Boyce	...a3crg		
79	08:49:00	Paul Newsome	Project 51		
80	08:50:00	Colin McDermott	Festival Road Club		
81	08:51:00	Edward Hales	London Dynamo		
82	08:52:00	Robert Durnford	Paceline RT		
83	08:53:00	Mark Smith	Crawley Wheelers		
84	08:54:00	Pat Wright	Paceline RT		
85	08:55:00	Liam Maybank	Twickenham CC		
86	08:56:00	Paul Burton	Paceline RT		
87	08:57:00	Tom Portsmouth	Charlotteville Cycling Club		



StartNumber	Start Time	Rider	Club	Gender	Category
88	08:58:00	Zeb Kyffin	Ribble Weldtite Pro Cycling		