

FTP Racing (part of the FTP series and the WEST DC short BAR)

Race 1 of 5 of the FTP series - 25,50,100 and HC all to come in 2022

09/04/2022 14:00

U7B

Sponsored By



Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

The HQ this year is at Stone Cricket Club, its a excellent location close to the start , there is plenty of parking but please respect any areas taped off and do not park on the grass. This is the first time using this venue and we would like to make it possible for other clubs to use in the future.

when you enter the HQ please be aware the start is close by and cars might be overtaking riders so take extra care when entering and exiting the HQ by car or bike , do not come out of the HQ and turn right to warm up as you will be on the course.

You can warm up at the HQ or there are many surrounding laybys that are suitable , we will look to hava a path way to the start that you can wheel your bike the short walk from HQ to the start along the grass verge if possible.

We have Stimulatte coffee on site serving top quality hot drinks

THE CLUB HOUSE
Stone Cricket Club
Swanley
Berkeley
Gloucestershire
GL13 9JL

Route from HQ to start

The start is a few hundred yards from the HQ

Course details

Start on A38 in northern end of layby (GR695963) approximately half a mile South of Newport.

Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles).

Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just South of Newport (GR698971) approx. ¼ mile before the start.

Local regulations

PLEASE READ - the new rules changes will be checked and enforced , please read them and make sure your ready to race

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Organiser contact details

Billy Oliver
231 New Cheltenham Road Bristol
07487584188

ftpcyclecoaching@gmail.com

Time keepers/officials

we are pleased to have the time keepers back for 2022 that did such a great job in 2021 at all the FTP events in

Dennis Davies and Andy Greatwood .

FTP points of contact for any issues / questions on the day are Steve Bray , Will Hamilton and Billy Oliver one of which will be at the HQ all day

Marshalls will be allocated on the day , and we will thank them in the results, as everyone knows events cant run without the help and support of the hosting clubs memebers so a huge thank you to those who give up there time and support the clubs efforts to put these races on

Course records

Solo Male

00:19:19

David Janes

29-Aug-20 | FTP Racing

Solo Female

00:21:34

Megan Dickerson

12-Jun-21 | The University of Bristol Cycling Club

Solo Male (Junior)

00:21:42

Euan Taylor

11-May-19 | Bristol South Cycling Club

Solo Female (Junior)

00:24:51

Freya Richardson

11-May-19 | Bristol South Cycling Club

Tandem

00:21:15

Jon Wiggins, Chris McDonald

31-Jul-21 | PDQ Cycle Coaching (Tandems) (fee per rider)

Awards/prizes

WE have a awesome selection of prizes supplied by Team sponsor 76 Projects , these are custom on off trophies awarded to

Female - 1,2,3

Male - 1,2,3

Female -V40,50,60

Male - V40,50,60

Team Prize is per mixed team that must have at least 1 female rider

We will have a presentation straight after in the HQ

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

FTP Racing (part of the FTP series and the WEST DC short BAR)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-----------------------|--|--------|----------|
| 18 | 14:18:00 | Amelia Mitchell | FTP (Fulfil The Potential) Race Team | | |
| 19 | 14:19:00 | Roger Taylor | Frome and District Wheelers | | |
| 20 | 14:20:00 | Megan Dickerson | FTP (Fulfil The Potential) Race Team | | |
| 21 | 14:21:00 | Jonathan Warner | LFGSS CC | | |
| 22 | 14:22:00 | Phillip Blackwell | Stourbridge CC | | |
| 23 | 14:23:00 | Justin Di Tommaso | Gloucester City Cycling Club | | |
| 24 | 14:24:00 | Laura Anstey | RE VO LTN | | |
| 25 | 14:25:00 | Stephanie Clutterbuck | FTP (Fulfil The Potential) Race Team | | |
| 26 | 14:26:00 | Tim Radley | Gloucester City Cycling Club | | |
| 27 | 14:27:00 | Roger Whittle | Gloucester City Cycling Club | | |
| 28 | 14:28:00 | Tom Woollard | Northover VT / Rudy Project / SCS | | |
| 29 | 14:29:00 | Robert Latchem | Somer Valley Cycling Club | | |
| 30 | 14:30:00 | Andrew Butcher | Cwmcarn Paragon Cycling Club | | |
| 31 | 14:31:00 | Paul Rogoll | PDQ Cycle Coaching | | |
| 32 | 14:32:00 | Edric Hobbs | VTTA West Group | | |
| 33 | 14:33:00 | Paul Winchcombe | Chippenham & District Wheelers | | |
| 34 | 14:34:00 | Adriano Dos Santos | Swindon Road Club | | |
| 35 | 14:35:00 | Michael Davis | | | |
| 36 | 14:36:00 | Tom Burke-Nott | Bristol South Cycling Club | | |
| 37 | 14:37:00 | Deacon Cutterham | | | |
| 38 | 14:38:00 | Elizabeth Williams | The Ark Cycles | | |
| 39 | 14:39:00 | Joanna Knight | Bristol South Cycling Club | | |

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|--------------------|--|--------|----------|
| 40 | 14:40:00 | Andrew Legge | Bristol South Cycling Club | | |
| 41 | 14:41:00 | Vincent Douglas | Gloucester City Cycling Club | | |
| 42 | 14:42:00 | Daniel Kempe | Bristol South Cycling Club | | |
| 43 | 14:43:00 | Tony Russell | Dursley Road Club | | |
| 44 | 14:44:00 | Tony Lake | Gloucester City Cycling Club | | |
| 45 | 14:45:00 | Josh Griffiths | FTP (Fulfil The Potential) Race Team | | |
| 46 | 14:46:00 | Christopher Davis | Giant CC Halo Films | | |
| 47 | 14:47:00 | Daryl Stroud | Gloucester City Cycling Club | | |
| 48 | 14:48:00 | Gary Paddon | Swindon Wheelers | | |
| 49 | 14:49:00 | Adrian Rowley | Gloucester City Cycling Club | | |
| 50 | 14:50:00 | David Leighton | Severn Road Club | | |
| 51 | 14:51:00 | Arran Armstrong | | | |
| 52 | 14:52:00 | Dan Smith | VØRANJE | | |
| 53 | 14:53:00 | Dan Letherbarrow | Cheltenham & County Cycling Club | | |
| 54 | 14:54:00 | Fergus Phelan | University of Bath Cycling Club | | |
| 55 | 14:55:00 | Tony Chapman | Frome and District Wheelers | | |
| 56 | 14:56:00 | Owen Burgess | Chippenham & District Wheelers | | |
| 57 | 14:57:00 | Alastair McChesney | Bath Cycling Club | | |
| 58 | 14:58:00 | Alex Morrice | University of Bath Cycling Club | | |
| 59 | 14:59:00 | Gareth Jones | Clevedon & District Road Club | | |
| 60 | 15:00:00 | Dean Robson | Velo Sport Jersey | | |
| 61 | 15:01:00 | Sheldon White | Backpedal | | |
| 62 | 15:02:00 | Tom Biggs | Cheltenham & County Cycling Club | | |
| 63 | 15:03:00 | Ben Jones | Portishead Cycling Club | | |
| 64 | 15:04:00 | John O'Dwyer | Dursley Road Club | | |
| 65 | 15:05:00 | Mark Bradley | Bristol South Cycling Club | | |
| 66 | 15:06:00 | Andrew Derrick | Portishead Cycling Club | | |

| Start Number | Start Time | Rider | Club | Gender | Category |
|---------------------|-------------------|--------------------|--|---------------|-----------------|
| 67 | 15:07:00 | Daniel Capel-Smith | University of Bath Cycling Club | | |
| 68 | 15:08:00 | Niel Dunnage | PDQ Cycle Coaching | | |
| 69 | 15:09:00 | Kevin Grant | Frome and District Wheelers | | |
| 70 | 15:10:00 | Jake Sargent | FTP (Fulfil The Potential) Race Team | | |
| 71 | 15:11:00 | Luke Smith | Bristol South Cycling Club | | |
| 72 | 15:12:00 | Paul Derrick | | | |