

CC Sudbury - Mad March Hilly Time Trial

A fast road circuit with two small hills

06/03/2022 08:00

BS24/R

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Lavenham Village Hall which is at the back of car park in Lavenham next to the Cock Horse Inn.

Church Street, Lavenham, Suffolk, CO10 9QT

Route from HQ to start

The start is approx 50 yards from Cock Horse pub in Church Street and is left turn from car par.

Finish is on Brent Eleigh Road in Lavenham and approximately quarter of a mile from the headquarters. After finish follow the Brent Eleigh Road into centre of Lavenham taking care to follow traffic calming signs. At T junction by Swan pub turn left and cycle up the hill to the car park.

Course details

Not the hilliest of hilly courses - there are only two hills (the Boxford bypass, and Semer Hill) - but a decent test on good quality roads.

COURSE DIRECTIONS

All distances given (approx) are from start.

Start on B1071 by the telegraph pole opposite Potland Lane near church.

Proceed south on B1071 towards Sudbury.

After 2.8 miles bear right where B1115 joins from left.

Continue through Great Waldingfield – marshal – (watch for parked cars near shop).

At mini roundabout at 4.1 miles – marshal. Turn left here into Valley Road.

Continue to T junction with A134 at 5.3 miles, turn left (2 marshals, extreme caution, main road).

After Newton Green, turn left at 6.8 miles onto A1071 (marshal).

Observer/marshal at sharp right-hand bend at 11.3 miles – do not cross white line.

Continue on A1071 to Hadleigh bypass, and at 13.7 miles turn left (marshal) onto A1141 to Lavenham.

Continue on A1141 up Semer hill, turn left at top of hill at 15.3 miles, continuing on A1141 (marshal).

Beware of sharp left hand bend after descent towards Monks Eleigh.

Bear left at crossroads at 18.3 miles (marshal) and continue on A1141 through Monks Eleigh.

Continue on A1141 past Brent Eleigh to **finish** near telegraph pole 04 at entrance to small industrial/retail estate on right (Craft Work) at 22 miles, before reaching Lavenham .

Local regulations

Organiser contact details

Robert Davies
44 Roman Way Long Melford
07788413524

rob.ev.jack@gmail.com

Time keepers/officials

Time Keepers - Brian Webber, Robin Weaver, David Miller and Linda Pillet

Course records

Solo Male

00:47:52
Timothy Chilvers
08-Mar-20 | CC Sudbury

Solo Female

00:50:52
Hayley Simmonds
11-Mar-18 | CC Sudbury

Solo Male (Junior)

00:54:46
Fraser Elsworth
12-Mar-17 | cc sudbury

Solo Female (Junior)

1:03:16
Isabella Johnson
08-Mar-20 | CC Sudbury

Awards/prizes

Prizes

Male

Female

Fastest Junior

1st	£25 and 1.75L spirit	1st	£25 and 1.75L spirit	£15
2nd	£20 and 1.75L spirit	2nd	£20 and 1.75L spirit	
3rd	£15	3rd	£15	Team of 3
1st Vet	£15	1st Vet	£15	£10 per rider
Course Record	£50	Course Record	£50	
Road Bike	£15	Road Bike	£15	

NOTES TO COMPETITORS:**17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

CC Sudbury - Mad March Hilly Time Trial

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	John Bradbury	CC Sudbury		
2	08:02:00	Mark Careless	Loose Cannon's Conditioning		
3	08:03:00	James Wood	West Suffolk Wheelers		
4	08:04:00	Daniel Upton	CC Sudbury		
5	08:05:00	Alex Purcell	CC Sudbury		
6	08:06:00	Brendan O'Brien	Walden Velo		
7	08:07:00	David Fenn	CC Sudbury		
8	08:08:00	Desmond Newell	VC Revolution		
9	08:09:00	Kirsty Fenner	CC Sudbury		
10	08:10:00	Lindsay Hobden	Tri Sudbury		
11	08:11:00	Simon Daniel	Tri Sudbury		
12	08:12:00	Gerry Barton	West Suffolk Wheelers		
13	08:13:00	Gavin Ratcliff	CC Sudbury		
14	08:14:00	Alan Groves	VC Revolution		
15	08:15:00	Hannah O'Brien	Loose Cannon's Conditioning		
16	08:16:00	Gillian Leech	Loose Cannon's Conditioning		
17	08:17:00	Isabella Johnson	Parenesis-ToughHuman Cycling		
18	08:18:00	John Bland	VC de Londres		
19	08:19:00	Simon Thorpe	Stowmarket & District CC		
20	08:20:00	Lloyd Chapman	Loose Cannon's Conditioning		
21	08:21:00	Lee Hellen	Newmarket Cycling & Triathlon Club		
22	08:22:00	Shaun Woodley	Newmarket Cycling & Triathlon Club		
23	08:23:00	Charlie Heeks	CC Sudbury		
24	08:24:00	Caroline Wyke	CC Sudbury		
25	08:25:00	Neil Hughes	Velo Schils Interbike RT		
26	08:26:00	Brett Travers	VC Revolution		
27	08:27:00	Sarah Johnson	CC Sudbury		
28	08:28:00	Simon Jennings	West Suffolk Wheelers		
29	08:29:00	Adrian Ablitt	CC Sudbury		

StartNumber	Start Time	Rider	Club	Gender	Category
30	08:30:00	Andy Kennedy	Ipswich BC		
31	08:31:00	James Rush	CC Sudbury		
32	08:32:00	John Sanderson	Colchester Rovers CC		
33	08:33:00	Joe Skipper	Team Skipper		
34	08:34:00	Chris Cantwell	West Suffolk Wheelers		
35	08:35:00	Jacob Sowman	Velo Schils Interbike RT		
36	08:36:00	Simon Daw	CC Sudbury		
37	08:37:00	Mathew Shotbolt	Loose Cannon's Conditioning		
38	08:38:00	Chris Crabtree	Orwell Velo		
39	08:39:00	Laura Davies	Orwell Velo		
40	08:40:00	Will Lowden	CC Sudbury		
41	08:41:00	Joseph Shaw	Ipswich BC		
42	08:42:00	William Crabtree	Orwell Velo		