

Wisbech Wheelers (District Championship)

EAST DISTRICT CYCLING ASSOCIATION 25 MILE TIME TRIAL CHAMPIONSHIP (PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS)

12/06/2022 08:00

B25/6

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Tilney St Lawrence Village Hall

Magdalen Rd

Tilney St Lawrence

Kings Lynn

PE34 4RF

There is ample parking at the village hall, please park sensibly. You can park in the large laybys along church road at your own risk.

Route from HQ to start

The start is 3.3 miles from the HQ.

From the HQ turn right onto Magdalen Road; after 0.2 miles turn right onto Church Road (at the Buck Inn). Follow this road over the flyover, past the Coach and Horses, and continue to the start roundabout.

Once you have finished the course, continue along the road, past the Coach and Horses, over the flyover, and turn left at the Buck Inn, back to the HQ. Route will be signposted.

Course details

Start: at clearway sign – Farm Road at Shoreboat roundabout on A47 leading to westbound carriageway. (approx. 5 miles south west of King's Lynn on the A47 at the junction of the road to Tilney High End). Proceed to join A47 (dual carriageway) westbound and continue to Wisbech Little Chef roundabout (A47/B198), (6.11 miles). encircle roundabout taking 4th exit and retrace along A47 eastbound carriageway to Shoreboat roundabout (A47), (12.034 miles). encircle roundabout taking 3rd exit onto westbound carriageway (A47). Repeat for 2nd lap. At Shoreboat roundabout take 1st exit to Tilney High End (care – sharp left hand turn) to finish at end of 6th kerbstone west of L.p.39.

Local regulations

LOCAL REGULATIONS:

U-Turns will not be permitted on course or roads adjacent to Start and Finish areas while the race is in progress. Any breaking of this regulation in the first case may mean disqualification from the event. Further cases will be referred to the district committee. Definition: A U-Turn is defined as a 180-degree turn completed within the highway whilst astride the machine. (It is recommended that the rider(s) should dismount, check the road is clear in both directions, then, with machine walk across the road). Numbers will be at the H.Q. where you will need to sign in before being provided with your number.

Warming up: **No warming up along the course once an event has started.**

Turbo trainers: The use of turbo-trainers is banned at all events with a.m. start times.

Note: All competitors – Please note that from 2017 all competitors are now required to **PERSONALLY** sign the sign out sheet when returning the number. **Failure to do will result in the competitor being recorded as DNF.** Warming up: No warming up along the course once an event has started. Turbo trainers: The use of turbo-trainers is banned at all events with a.m. start times.

LIGHTS:

All competitors – please be aware of CTT Regulation

14(i): No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

14 (j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

NO FRONT or REAR LIGHT – NO RIDE.

Clothing: It is strongly recommended that riders do not wear black or dark clothing during an event held on public roads.

CTT Reg. 20. Observance of the Law All competitors in, or in the vicinity of the event, must observe the law of the land relating to road use. But without prejudice to the general principles of this Regulation, competitors must:

- (a) not ride in a manner that is unsafe either to themselves or to other road users;
- (b) ride on the left-hand side of the road except for safe overtaking and when making right hand turns;

(c) conform to all traffic signs, signals and direction indicators;

(d) in making any turn before, during or after the event, ensure that it is safe to do so. Event officials must not seek to regulate or interfere with other traffic.

N.B. For the purposes of Regulation 20(b):

(i) in the case of a single carriageway road, a competitor must ride on the left hand side of the left lane of such carriageway; and

(ii) in the case of a carriageway comprising two or more lanes in the same direction of travel, a competitor must ride on the left hand side of the left lane of such carriageway.

Organiser contact details

Neil Empson
2 Saltpans Close King's Lynn
07720932922
neil-empson@hotmail.co.uk

Time keepers/officials

Time keepers/officials

Timekeepers: Peter Chuch, Andy Moore

Helpers: Members and friends of Wisbech Wheelers

Course records

Solo Male

00:49:40

Matthew Senter

18-Jun-17 | east district ca (championship)

Solo Female

00:55:07

Kimberley Morrison

23-Jul-17 | wisbech wh

Solo Female (Junior)

1:03:47

Bethany Spencer

13-Jun-21 | Wisbech Wheelers (District Championship)

Tandem

1:00:55

Carl Murley, Paul Sims

17-Jun-18 | East District CA (Championship)(tandems)(fee per rider)

Awards/prizes

East District Cycling Association Medals. Only riders riding for an East District affiliated club are eligible for district medals.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Wisbech Wheelers (District Championship)

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	Mark Munnings	Lowestoft Wheelers Cycling Club		
2	08:02:00	John Royle	Ferland Clarion CC		
3	08:03:00	Mark Hills	Spalding CC		
4	08:04:00	Ian Wright	Peterborough CC		
5	08:05:00	Abbey Thompson	Stonham Barns Park – SYRT		
6	08:06:00	Matthew Chappell	Spalding CC		
7	08:07:00	Matthew Clarkson	Wisbech Whs		
8	08:08:00	Dean Buckingham	Velouse Flyers		
9	08:09:00	Mark Careless	Loose Cannon's Conditioning		
10	08:10:00	James Bramma	Spalding CC		
11	08:11:00	Roger Sewell	Wisbech Whs		
12	08:12:00	Ben Keeley	Team Velovelocity		
13	08:13:00	Will Shepherd	Ely & District CC/B&T Motor Repairs		
14	08:14:00	Oliver Milk	Epic Orange Race Team		
15	08:15:00	Craig Lamb	Alford Whs		
16	08:16:00	Mike Watson	Lowestoft Wheelers Cycling Club		
17	08:17:00	Jon Surtees	Born to Bike - Bridgtown Cycles		
18	08:18:00	John Manlow	Ely & District CC/B&T Motor Repairs		
19	08:19:00	Simon Butteriss	Ely & District CC/B&T Motor Repairs		
20	08:20:00	Rory Havis	Ely & District CC/B&T Motor Repairs		
21	08:21:00	Kevin Hobbs	Peterborough CC		
22	08:22:00	Dan Blackburn	Epic Orange Race Team		