

Results

vc norwich

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	Matthew	Senter			Peterborough CC	00:19:37	30.586 Mph
2	TT Bike	Harley	Matthews			Team PedalRevolution.co.uk	00:19:38	30.56 Mph
3	TT Bike	Mark	Richards			VC Baracchi	00:19:59	30.025 Mph
4	TT Bike	James	Trenchard			Godric CC	00:20:00	30 Mph
5	TT Bike	Sean	Taylor			Royal Air Force Cycling Association	00:20:05	29.875 Mph
6	TT Bike	Steve	Gorbutt			Diss & District CC	00:20:16	29.605 Mph
7	TT Bike	Paul	Vickers			West Suffolk Wheelers	00:20:23	29.436 Mph
8	TT Bike	Stuart	Fairweather			Plomesgate CC	00:20:30	29.268 Mph
9	TT Bike	Ross	Fawcett			Ipswich BC	00:20:43	28.962 Mph
9	TT Bike	Richard	Carrington			West Suffolk Wheelers	00:20:43	28.962 Mph
11	TT Bike	Dougal	Toms			Iceni Velo	00:20:47	28.869 Mph
12	TT Bike	Mathew	Eley			Ely & District CC/B&T Motor Repairs	00:20:51	28.777 Mph
13	TT Bike	John	Swindells			Iceni Velo	00:20:55	28.685 Mph
13	TT Bike	Andy	Stuart			Velo Club St Raphael	00:20:55	28.685 Mph
13	TT Bike	Damon	Day			CC Sudbury	00:20:55	28.685 Mph
16	TT Bike	Graham	Sparkes			Mulbarton Velo Club	00:21:08	28.391 Mph
17	TT Bike	Jason	Turner			Norwich A B C	00:21:11	28.324 Mph
18	TT Bike	Tim	Duncan-Booth			Farnborough & Camberley CC	00:21:14	28.257 Mph
19	TT Bike	Paul	Dennington			VC Baracchi	00:21:15	28.235 Mph
20	TT Bike	Jon	Wilson			Newmarket Cycling & Triathlon Club	00:21:17	28.191 Mph
21	TT Bike	Lee	Garrod			Sole Bay Cycle Sport	00:21:25	28.016 Mph
22	TT Bike	Dan	Blackburn			VC Norwich	00:21:27	27.972 Mph

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
23	TT Bike	James	Senter			Kings Lynn CC	00:21:34	27.821 Mph
24	TT Bike	Rory	Havis			St Ives CC	00:21:36	27.778 Mph
25	TT Bike	Andy	Kennedy			Ipswich BC	00:21:40	27.692 Mph
26	TT Bike	Stuart	Emmett			Performancecoaching.me	00:21:46	27.565 Mph
27	TT Bike	Paul	Hayward			VC Baracchi	00:21:48	27.523 Mph
28	TT Bike	Paul	Shelley			Diss & District CC	00:21:53	27.418 Mph
29	TT Bike	Adam	Cross			CC Breckland	00:21:54	27.397 Mph
29	TT Bike	Ed	Dean			Norwich A B C	00:21:54	27.397 Mph
31	TT Bike	Barry	McDonald			Velo Schils Interbike RT	00:21:55	27.376 Mph
31	TT Bike	Steve	Cave			Wolsey RC	00:21:55	27.376 Mph
33	TT Bike	David	Moore			VC Norwich	00:21:58	27.314 Mph
34	TT Bike	Peter	Kerry			Ipswich Velo	00:22:02	27.231 Mph
35	TT Bike	Lyster	Romero			Plomesgate CC	00:22:03	27.211 Mph
36	TT Bike	Nick	Esser			VC Baracchi	00:22:05	27.17 Mph
37	TT Bike	Gary	Smith			Team Velovelocity	00:22:08	27.108 Mph
38	TT Bike	Mark	Farrow			Team PedalRevolution.co.uk	00:22:11	27.047 Mph
39	TT Bike	Julian	Bosley			Stowmarket & District CC	00:22:16	26.946 Mph
40	TT Bike	Mark	Smart			VC Norwich	00:22:18	26.906 Mph
41	TT Bike	Oliver	Cozens			Norwich A B C	00:22:22	26.826 Mph
41	TT Bike	Steve	Burrows			Team Swift	00:22:22	26.826 Mph
43	TT Bike	Henry	Woodley			North Norfolk Whs	00:22:23	26.806 Mph
44	TT Bike	Tom	Sykes			Ely & District CC/B&T Motor Repairs	00:22:25	26.766 Mph
45	TT Bike	Patrick	Ellis			Diss & District CC	00:22:28	26.706 Mph
46	TT Bike	Chris	Roberts			Anglia Velo	00:22:29	26.686 Mph
47	TT Bike	Jason	Corner			Diss & District CC	00:22:30	26.667 Mph

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
48	TT Bike	Verity	Smith			Stowmarket & District CC	00:22:33	26.608 Mph
49	TT Bike	Chris	Dyason			Cambridge CC	00:22:34	26.588 Mph
50	TT Bike	Chris	Womack			VC Baracchi	00:22:35	26.568 Mph
51	TT Bike	Chris	Nudds			CC Breckland	00:22:36	26.549 Mph
52	TT Bike	James	Walsgrove			Tri Harder	00:22:38	26.51 Mph
52	TT Bike	Sophie	Lankford			Cambridge Triathlon Club	00:22:38	26.51 Mph
54	TT Bike	Gary	Matthews			Sole Bay Cycle Sport	00:22:44	26.393 Mph
55	TT Bike	Ian	Nixon			Diss & District CC	00:22:46	26.354 Mph
55	TT Bike	Myles	Higby				00:22:46	26.354 Mph
55	TT Bike	Neil	Stevens			Team PedalRevolution.co.uk	00:22:46	26.354 Mph
58	TT Bike	Steven	Barnes			Iceni Velo	00:22:50	26.277 Mph
59	TT Bike	Roger	Sewell			Hounslow & District Whs	00:22:57	26.144 Mph
60	TT Bike	Andrew	Knowles			St Ives CC	00:22:58	26.125 Mph
61	TT Bike	Steve	Shore			Southend Wheelers	00:23:00	26.087 Mph
62	TT Bike	Michael	Meadows			VC Norwich	00:23:03	26.03 Mph
63	TT Bike	Trevor	Figgitt			Plomesgate CC	00:23:28	25.568 Mph
64	TT Bike	John	Adams			Stowmarket & District CC	00:23:34	25.46 Mph
65	TT Bike	Gary	Pamment			Velo Schils Interbike RT	00:23:37	25.406 Mph
66	TT Bike	Ashley	Thompson			Diss & District CC	00:23:38	25.388 Mph
67	TT Bike	Ann	Shuttleworth			Chelmer CC	00:23:40	25.352 Mph
68	TT Bike	Denise	Hurren			Sole Bay Cycle Sport	00:23:44	25.281 Mph
69	TT Bike	Simon	Lomax			VC Norwich	00:23:48	25.21 Mph
70	TT Bike	Jennifer	Smart			VC Norwich	00:23:50	25.175 Mph
71	TT Bike	Paul	Seaman			Wolsey RC	00:23:57	25.052 Mph
72	TT Bike	Nick	Ponsford			VC Norwich	00:24:08	24.862 Mph

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
73	TT Bike	Simon	Ridgewell			Wisbech Whs	00:24:09	24.845 Mph
74	TT Bike	Nigel	Hodge			Tri-Anglia Triathlon Club	00:24:10	24.828 Mph
75	TT Bike	Tom	Moore			Great Yarmouth C C	00:24:11	24.81 Mph
76	TT Bike	Patrick	Charlton			Wolsey RC	00:24:12	24.793 Mph
77	TT Bike	Carl	Murley			Wisbech Whs	00:24:16	24.725 Mph
78	TT Bike	John	Swanbury			VC Baracchi	00:24:20	24.658 Mph
79	TT Bike	Francesca	Rust			Ely & District CC/B&T Motor Repairs	00:24:22	24.624 Mph
80	TT Bike	Paul	Willis			Wisbech Whs	00:24:30	24.49 Mph
81	TT Bike	Roger	Graham			CC Breckland	00:24:31	24.473 Mph
82	TT Bike	Robert	Tillott			St Ives CC	00:24:36	24.39 Mph
82	TT Bike	John	Brown			Wisbech Whs	00:24:36	24.39 Mph
84	TT Bike	Bob	Quarton			Wolsey RC	00:24:37	24.374 Mph
85	TT Bike	Rebecca	Murley			Wisbech Whs	00:24:39	24.341 Mph
85	TT Bike	Neil	Empson			Anglia Velo	00:24:39	24.341 Mph
87	TT Bike	Ali	Argo			VC Norwich	00:24:50	24.161 Mph
88	TT Bike	Pete	Baldwin			Wisbech Whs	00:24:54	24.096 Mph
89	TT Bike	Kate	Lucas			Norwich A B C	00:25:00	24 Mph
89	TT Bike	Len	Benton			Colchester Rovers CC	00:25:00	24 Mph
91	TT Bike	Markos	Janes			VC Norwich	00:25:04	23.936 Mph
92	TT Bike	Nick	Parravani			CC Breckland	00:25:12	23.81 Mph
93	TT Bike	Mandy	Bunn			CC Sudbury	00:25:24	23.622 Mph
94	TT Bike	Jenny	Anderson			Great Yarmouth C C	00:25:31	23.514 Mph
95	TT Bike	Lewis	Fulljames			Kings Lynn CC	00:25:34	23.468 Mph
96	TT Bike	Emma	Taylor			Stowmarket & District CC	00:25:40	23.377 Mph
97	TT Bike	Joe	Empson			Anglia Velo	00:25:47	23.271 Mph
98	TT Bike	Trevor	Roberts			Wolsey RC	00:25:52	23.196 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
99	TT Bike	Bob	Carter			VC Norwich	00:25:58	23.107 Mph
100	TT Bike	David	Fenn			CC Sudbury	00:26:21	22.77 Mph
101	TT Bike	Kay	Burgess			Kings Lynn CC	00:26:22	22.756 Mph
102	TT Bike	Cindy	Berry			Hoddesdon Tri Club	00:26:31	22.627 Mph
103	TT Bike	Colin	Harris			CC Sudbury	00:26:32	22.613 Mph
104	TT Bike	Michael	Jones			Performancecoaching.me	00:26:35	22.571 Mph
105	TT Bike	Peter	Beard			Stowmarket & District CC	00:27:10	22.086 Mph
106	TT Bike	Keith	Grasby			CC Breckland	00:27:43	21.648 Mph
107	TT Bike	Jane	Hannah			Tri Harder	00:27:50	21.557 Mph
108	TT Bike	Christina	Lankford			Cambridge Triathlon Club	00:28:16	21.226 Mph
109	TT Bike	Christine	Cooke			Godric CC	00:28:31	21.04 Mph
110	TT Bike	Roger	Selmes			Wolsey RC	00:28:50	20.809 Mph
111	TT Bike	John	Shellard			Team PedalRevolution.co.uk	00:29:19	20.466 Mph
112	TT Bike	Paul	Coulthred			CC Breckland	00:29:47	20.145 Mph
113	TT Bike	Giovanna	Bertoldi			Iceni Velo	00:30:03	19.967 Mph
DNF	TT Bike	Michael	Fry			Glendene CC		
DNS	TT Bike	James	Wylie			Velo Schils Interbike RT		
DNS	TT Bike	Andrew	Hill			VC Deal		
DNS	TT Bike	Darren	Preston			St Neots CC		
DNS	TT Bike	Karl	Read			North Norfolk Whs		
DNS	TT Bike	Graham	Dilks			Norwich A B C		
DNS	TT Bike	Nick	Dunkley			Anglia Velo		
DNS	TT Bike	Mark	Field			VC Norwich		
DNS	TT Bike	Jim	Hardwicke			Plomesgate CC		
DNS	TT Bike	David	Miller			CC Sudbury		
DNS	TT Bike	Derek	Lusher			Norwich A B C		
DNS	TT Bike	Lloyd	Chapman					
DNS	TT Bike	Nick	Robinson			100% ME		
DNS	TT Bike	Matt	Smith			Team PedalRevolution.co.uk		