

# Results

## PDQ Cycle Coaching

### PDQ Cycle 10m Time Trial at the Gilberteen Kitchen

06/06/2021 09:00

U44

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Many thanks to the Gilberteen Kitchen for the Venue and Ride 24/7 Cirencester for the raffle prizes.

## **Timekeepers**

Chris Broad Drake

Marianne Streather

## **Marshals**

Niel Dunnage

Tim May

Danny Googin

Ian White

## **Awards**

1st Male Luke Norris £30

2nd Male Tony Turner £20

3rd Male Nick Livermore £10

1st Female (joint same time) Liffey Daniels and Jayme Fraioli £30

3rd Female Lauren Booth £10

1st Male Road Bike Fraser Joyce £30

1st Female Road Bike Jo Spenser £30

1st Team of three Swindon Wheelers Matt Boulton, Fraser Joyce and Ben Parker £30

1st Mixed Team Swindon Wheelers, Matt Boulton and Jo Spenser £30

1st Male V40 Ben Parker £20

1st Male V50 David Bolton (2nd) £20

1st Male V60 Stephen Parfitt £20

1st Female V40 Caroline Flshlock £20

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	<a href="#">Luke</a>	<a href="#">Norris</a>			Banbury Star Cyclists' Club	00:20:14	29.654 Mph
2	TT Bike	<a href="#">Anthony</a>	<a href="#">Turner</a>			Mickey Cranks Cycling Club	00:20:58	28.617 Mph
3	TT Bike	<a href="#">Nick</a>	<a href="#">Livermore</a>			Bristol South Cycling Club	00:20:59	28.594 Mph
4	TT Bike	<a href="#">Rory</a>	<a href="#">Gilling</a>			RE VO LTN	00:21:05	28.458 Mph
5	TT Bike	<a href="#">Matt</a>	<a href="#">Boulton</a>			Swindon Wheelers	00:21:11	28.324 Mph
6	TT Bike	<a href="#">William</a>	<a href="#">Lewis</a>			RE VO LTN	00:21:28	27.95 Mph
7	TT Bike	<a href="#">Fraser</a>	<a href="#">Joyce</a>			Swindon Wheelers	00:21:44	27.607 Mph
8	TT Bike	<a href="#">Ben</a>	<a href="#">Parker</a>			Swindon Wheelers	00:21:56	27.356 Mph
8	TT Bike	<a href="#">Matt</a>	<a href="#">Hermon</a>			Mickey Cranks Cycling Club	00:21:56	27.356 Mph
10	TT Bike	<a href="#">David</a>	<a href="#">Bolton</a>			Bristol South Cycling Club	00:22:04	27.19 Mph
11	TT Bike	<a href="#">Ben</a>	<a href="#">Jones</a>			Portishead Cycling Club	00:22:06	27.149 Mph
12	TT Bike	<a href="#">Ollie</a>	<a href="#">Hanks</a>			Ride 24/7	00:22:13	27.007 Mph
13	TT Bike	<a href="#">Gary</a>	<a href="#">Paddon</a>			Swindon Wheelers	00:22:17	26.926 Mph
14	TT Bike	<a href="#">Tony</a>	<a href="#">Costello</a>			Team Swindon Cycles	00:22:24	26.786 Mph
15	TT Bike	<a href="#">Frank</a>	<a href="#">Kilsby</a>			Velo Club St Raphael	00:22:25	26.766 Mph
16	TT Bike	<a href="#">Jordan</a>	<a href="#">Wintle</a>			Cheltenham & County Cycling Club	00:22:31	26.647 Mph
17	TT Bike	<a href="#">Jeff</a>	<a href="#">Lawrence</a>			FTP (Fulfil The Potential) Racing	00:22:37	26.529 Mph
17	TT Bike	<a href="#">Kevin</a>	<a href="#">Garland</a>			PDQ Cycle Coaching	00:22:37	26.529 Mph
19	TT Bike	<a href="#">Luke</a>	<a href="#">Smith</a>			Bristol South Cycling Club	00:22:50	26.277 Mph
20	TT Bike	<a href="#">Matthew</a>	<a href="#">Russell</a>			Team Swindon Cycles	00:22:53	26.22 Mph
21	TT Bike	<a href="#">Roy</a>	<a href="#">Carless</a>			Swindon Road Club	00:22:59	26.106 Mph
22	TT Bike	<a href="#">Matt</a>	<a href="#">Norris</a>			Banbury Star Cyclists' Club	00:23:01	26.068 Mph
23	TT Bike	<a href="#">Nick</a>	<a href="#">James</a>			Mickey Cranks Cycling Club	00:23:12	25.862 Mph
23	TT Bike	<a href="#">Jon</a>	<a href="#">Wiggins</a>			PDQ Cycle Coaching	00:23:12	25.862 Mph

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
25	TT Bike	<a href="#">Ross</a>	<a href="#">Mahoney</a>			Swindon Road Club	00:23:20	25.714 Mph
26	TT Bike	Christian	Norris			Mercedes AMG Petronas CC	00:23:23	25.659 Mph
27	TT Bike	<a href="#">Dave</a>	<a href="#">Roper</a>			Ride 24/7	00:23:28	25.568 Mph
28	TT Bike	<a href="#">Peter</a>	<a href="#">Garnett</a>			Swindon Road Club	00:23:37	25.406 Mph
29	TT Bike	<a href="#">Trevor</a>	<a href="#">Hodges</a>			Corinium Cycle Club	00:24:22	24.624 Mph
30	TT Bike	<a href="#">Tim</a>	<a href="#">Strong</a>			Team Swindon Cycles	00:24:32	24.457 Mph
31	TT Bike	<a href="#">Stephen</a>	<a href="#">Parfitt</a>			Oxonian CC	00:24:34	24.423 Mph
32	TT Bike	<a href="#">Mike</a>	<a href="#">Anderson</a>			CC Moncontour	00:24:36	24.39 Mph
32	TT Bike	<a href="#">Adrian</a>	<a href="#">Rowley</a>			Gloucester City Cycling Club	00:24:36	24.39 Mph
34	TT Bike	Daniel	Andres			FTP (Fulfil The Potential) Racing	00:24:41	24.308 Mph
35	TT Bike	<a href="#">Andy</a>	<a href="#">Kelly</a>			Bristol South Cycling Club	00:24:53	24.113 Mph
36	TT Bike	<a href="#">Maris</a>	<a href="#">Brugis</a>			Bristol Road Club	00:24:54	24.096 Mph
37	TT Bike	<a href="#">Paul</a>	<a href="#">Rogoll</a>			Salt and Sham Cycle Club	00:25:12	23.81 Mph
38	TT Bike	<a href="#">Edric</a>	<a href="#">Hobbs</a>			VTTA West Group	00:25:16	23.747 Mph
39	TT Bike	<a href="#">Rob</a>	<a href="#">Merrison</a>			360VRT	00:25:19	23.7 Mph
40	TT Bike	<a href="#">Mark</a>	<a href="#">Evans</a>			Chippenham & District Wheelers	00:25:32	23.499 Mph
41	TT Bike	<a href="#">Chris</a>	<a href="#">Lowe</a>			Swindon Road Club	00:25:38	23.407 Mph
42	TT Bike	<a href="#">Michael</a>	<a href="#">Spencer</a>			Swindon Wheelers	00:25:54	23.166 Mph
43	TT Bike	<a href="#">Jeffrey</a>	<a href="#">Rees</a>			Virtual Cycling Club	00:26:08	22.959 Mph
44	TT Bike	<a href="#">Marc</a>	<a href="#">Allen</a>			Swindon Road Club	00:26:16	22.843 Mph
45	TT Bike	<a href="#">Steven</a>	<a href="#">Buckley</a>			Ride 24/7	00:26:25	22.713 Mph
46	TT Bike	<a href="#">Liffey</a>	<a href="#">Daniels</a>			360VRT	00:26:46	22.416 Mph
46	TT Bike	<a href="#">Jayme</a>	<a href="#">Fraiola</a>			Salt and Sham Cycle Club	00:26:46	22.416 Mph
48	TT Bike	<a href="#">Robert</a>	<a href="#">Tucker</a>			PDQ Cycle Coaching	00:27:10	22.086 Mph
49	TT Bike	<a href="#">Lauren</a>	<a href="#">Booth</a>			PDQ Cycle Coaching	00:27:17	21.991 Mph

Position	Machine	FirstName	Last Name	Gender	Category	Club	Time	Avg. Speed
50	TT Bike	<a href="#">Bob</a>	<a href="#">Symons</a>			PDQ Cycle Coaching	00:28:03	21.39 Mph
51	TT Bike	<a href="#">Jo</a>	<a href="#">Spencer</a>			Swindon Wheelers	00:28:04	21.378 Mph
52	TT Bike	<a href="#">Caroline</a>	<a href="#">Fishlock</a>			Swindon Wheelers	00:28:10	21.302 Mph
53	TT Bike	<a href="#">Graham</a>	<a href="#">Hewson</a>			PDQ Cycle Coaching	00:29:22	20.431 Mph
54	TT Bike	<a href="#">Adrian</a>	<a href="#">Brooks</a>			PDQ Cycle Coaching	00:31:33	19.017 Mph
DNS(A)	TT Bike	<a href="#">Clare</a>	<a href="#">Good</a>			PDQ Cycle Coaching		
DNS(A)	TT Bike	<a href="#">Jason</a>	<a href="#">Costello</a>			Team Swindon Cycles		
DNS(A)	TT Bike	<a href="#">Adriano</a>	<a href="#">Dos Santos</a>			Team Swindon Cycles		
DNS(A)	TT Bike	<a href="#">Becky</a>	<a href="#">Evans</a>			PDQ Cycle Coaching		
DNS(A)	TT Bike	<a href="#">Steven</a>	<a href="#">Cottington</a>			Bath Cycling Club		
DNS	TT Bike	<a href="#">Mark</a>	<a href="#">Nash</a>			Salt and Sham Cycle Club		
DNS	TT Bike	<a href="#">Simon</a>	<a href="#">Davis</a>			VTTA (Midlands)		
DNS	TT Bike	<a href="#">Darrell</a>	<a href="#">Russell</a>			PDQ Cycle Coaching		
DNS	TT Bike	<a href="#">Lee</a>	<a href="#">Davies</a>			London Dynamo		
DNS	TT Bike	<a href="#">Richard</a>	<a href="#">Brook</a>			PDQ Cycle Coaching		
DNS	TT Bike	<a href="#">Pete</a>	<a href="#">Scott</a>			Swindon Road Club		
DNS	TT Bike	<a href="#">Charlotte</a>	<a href="#">Fisher</a>			Swindon Road Club		
DNS	TT Bike	Tony	Russell			FTP (Fulfil The Potential) Racing		
DNS	TT Bike	<a href="#">Gerry</a>	<a href="#">Bowditch</a>			Pontypool Road Cycling Club		