

Results

Hart Performance Coaching Spring Classic

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	Ian	Hope			Team Solo Vinci	00:20:05	29.875 Mph
2	TT Bike	Nicholas	Trbovic			Cheshire Maverick Cycle Club	00:20:34	29.173 Mph
3	TT Bike	Jonny	Allen			6AM Cycling	00:21:13	28.28 Mph
4	TT Bike	Matt	Steel			Shaftesbury CC	00:21:22	28.081 Mph
5	TT Bike	Samuel	Thienel			Hart Performance Coaching	00:21:41	27.671 Mph
5	TT Bike	Henry	Okill			Southend Wheelers	00:21:41	27.671 Mph
7	TT Bike	Paul	Turton			Team Vision Racing - Silverhook	00:21:46	27.565 Mph
8	TT Bike	Graeme	Garner			Essex Roads CC	00:21:58	27.314 Mph
9	TT Bike	Nicholas	Knight			Hart Performance Coaching	00:21:59	27.293 Mph
10	TT Bike	Keith	Dorling			Team Bottrill	00:22:10	27.068 Mph
11	TT Bike	David	Pennington			Southend Wheelers	00:22:14	26.986 Mph
12	TT Bike	Neil	Hughes			Velo Schils Interbike RT	00:22:17	26.926 Mph
13	TT Bike	Dan	Jenkins			Southend Wheelers	00:22:27	26.726 Mph
14	TT Bike	Sean	O'Sullivan			Eagle Road Club	00:22:29	26.686 Mph
15	TT Bike	Kevin	Baumber			Shaftesbury CC	00:22:32	26.627 Mph
16	TT Bike	Dominic	Schils			Velo Schils Interbike RT	00:23:05	25.993 Mph
17	TT Bike	James	Moss			North Road CC	00:23:20	25.714 Mph
17	TT Bike	Daniel	Shanney			Redbridge CC	00:23:20	25.714 Mph
19	TT Bike	David	Ackerley			Team JMC	00:23:28	25.568 Mph
20	TT Bike	Ian	Braybrook			Basildon CC	00:23:34	25.46 Mph
21	TT Bike	Roy	Rowland			Loose Cannon's Conditioning	00:23:36	25.424 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
22	TT Bike	Thomas	Shanney			Redbridge CC	00:23:37	25.406 Mph
23	TT Bike	Simon	Higgs			Essex Roads CC	00:23:46	25.245 Mph
24	TT Bike	Matthew	Rivers			Athlon CC	00:23:49	25.192 Mph
25	TT Bike	Dan	Walsh			Southend Wheelers	00:23:51	25.157 Mph
26	TT Bike	Louis	Digance			Hart Performance Coaching	00:24:02	24.965 Mph
27	TT Bike	Alex	Warburton			Velo Schils Interbike RT	00:24:04	24.931 Mph
28	TT Bike	Connor	Backhouse			Kingston Wheelers CC	00:24:09	24.845 Mph
29	TT Bike	Oliver	Pidgion			Southend Wheelers	00:24:13	24.776 Mph
30	TT Bike	James	Lonergan			Southend Wheelers	00:24:21	24.641 Mph
31	TT Bike	Lara	Thomas			Stowmarket & District CC	00:24:26	24.557 Mph
32	TT Bike	Paul	Looke			Shaftesbury CC	00:24:34	24.423 Mph
33	TT Bike	Jack	Martin			East Essex Triathlon Club	00:24:35	24.407 Mph
34	TT Bike	James	Wicks			Essex Roads CC	00:24:37	24.374 Mph
35	TT Bike	Bradley	Hurr			Basildon CC	00:24:49	24.177 Mph
36	TT Bike	Barry	Simpson			Southend Wheelers	00:25:09	23.857 Mph
36	TT Bike	Michael	Tait			Athlon CC	00:25:09	23.857 Mph
38	TT Bike	Paul	Russell			East London Velo	00:25:12	23.81 Mph
39	TT Bike	Andrew	Lawrence			East Essex Triathlon Club	00:25:13	23.794 Mph
40	TT Bike	Mark	Brown			East Essex Triathlon Club	00:25:19	23.7 Mph
41	TT Bike	David	Osborne			East Essex Triathlon Club	00:25:31	23.514 Mph
41	TT Bike	John	Kidd			Hart Performance Coaching	00:25:31	23.514 Mph
43	TT Bike	Antoine	Rouyer-Brown			Southend Wheelers	00:25:35	23.453 Mph
44	TT Bike	Scott	Youngson			East Essex Triathlon Club	00:25:42	23.346 Mph
45	TT Bike	Jamie	Bishop			Harlow CC	00:25:45	23.301 Mph
46	TT Bike	John	Curtin			Hitchin Nomads CC	00:25:47	23.271 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
47	TT Bike	Adam	Lowe			Metropolitan Police Cycle Club	00:25:50	23.226 Mph
48	TT Bike	Tom	Womack			Southend Wheelers	00:25:56	23.136 Mph
48	TT Bike	Zak	Seddon			Becontree Wheelers CC	00:25:56	23.136 Mph
50	TT Bike	Steven	Flin			Shaftesbury CC	00:25:58	23.107 Mph
51	TT Bike	Nick	Taylor			Metropolitan Police Cycle Club	00:26:05	23.003 Mph
52	TT Bike	Barry	Neal			Ciclos Uno	00:26:06	22.988 Mph
52	TT Bike	John	Harrison			Shaftesbury CC	00:26:06	22.988 Mph
52	TT Bike	Stuart	Mulchinock			Southend Wheelers	00:26:06	22.988 Mph
55	TT Bike	Martin	Meades			Ciclos Uno	00:26:09	22.945 Mph
56	TT Bike	Jeremy	Parker			Gravesend CC	00:26:21	22.77 Mph
57	TT Bike	James	Conway			Metropolitan Police Cycle Club	00:26:35	22.571 Mph
58	TT Bike	John	Eves			Harlow CC	00:26:40	22.5 Mph
59	TT Bike	Jon	Hughes			Sheppey Velo	00:26:43	22.458 Mph
60	TT Bike	Jennie	Page			Southend Wheelers	00:26:47	22.402 Mph
61	TT Bike	Matthew	Stock			Southend Wheelers	00:26:50	22.36 Mph
62	TT Bike	Simon	Constable			Basildon CC	00:26:52	22.332 Mph
63	TT Bike	Paulina	Mozal			Chelmer CC	00:26:57	22.263 Mph
64	TT Bike	Ann	Shuttleworth			Cambridge CC	00:26:58	22.25 Mph
65	TT Bike	Morgan	Saunders			Team Vision Racing - Silverhook	00:27:07	22.127 Mph
66	TT Bike	Chris	Smith			Essex Roads CC	00:27:12	22.059 Mph
67	TT Bike	Paul	Wright			Army Cycling	00:27:39	21.7 Mph
68	TT Bike	Henry	Hill			Lee Valley Youth CC	00:27:45	21.622 Mph
69	TT Bike	David	Cox			East Essex Triathlon Club	00:27:46	21.609 Mph
70	TT Bike	Adam	Jones			Southend Wheelers	00:27:47	21.596 Mph
71	TT Bike	David	Hodsman			Dulwich Paragon CC	00:27:54	21.505 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
72	TT Bike	Ruth	Stapleton			St Neots CC	00:28:32	21.028 Mph
73	TT Bike	Cavan	Burrows			Southend Wheelers	00:28:34	21.003 Mph
74	TT Bike	Andrew	Merchant			Southend Wheelers	00:28:39	20.942 Mph
75	TT Bike	David	Jacobs			Southend Wheelers	00:28:45	20.87 Mph
76	TT Bike	Jonathan	Whitwam			Shaftesbury CC	00:28:55	20.749 Mph
77	TT Bike	Kevin	Hayes			Harlow CC	00:29:19	20.466 Mph
78	TT Bike	Jenny	Harley			East Essex Triathlon Club	00:29:21	20.443 Mph
79	TT Bike	Laura	Mason			East Essex Triathlon Club	00:29:51	20.1 Mph
80	TT Bike	Helen	Barrell			Hart Performance Coaching	00:29:52	20.089 Mph
81	TT Bike	Hannah	Shean			Southend Wheelers	00:30:12	19.868 Mph
82	TT Bike	Peter	Harley			East Essex Triathlon Club	00:30:18	19.802 Mph
83	TT Bike	Zena	Shean			Southend Wheelers	00:30:32	19.651 Mph
84	TT Bike	Emma	Flin			Shaftesbury CC	00:30:41	19.555 Mph
85	TT Bike	Emma	Haxell			Athlon CC	00:30:44	19.523 Mph
86	TT Bike	James	Bromley			Hart Performance Coaching	00:32:24	18.519 Mph
87	TT Bike	Selwyn	Smith			Crystal Palace Triathletes	00:55:47	10.756 Mph
DNF	TT Bike	Jan	Harvey			Southend Wheelers		
DNF	TT Bike	Anthony	Whale			Harlow CC		
DNF	TT Bike	Neill	Keaney			Endurance X Nature RC		
DNF	TT Bike	Ian	Short			Team Salesengine.co.uk		
DNS(A)	TT Bike	Denise	Kemp			Southend Wheelers		
DNS(A)	TT Bike	Stuart	Forgione			East Essex Triathlon Club		
DNS(A)	TT Bike	Sarah	Chambers			Victoria Cycling Club		
DNS(A)	TT Bike	Alison	Daly			Victoria Cycling Club		
DNS(A)	TT Bike	Neal	Marrin			Finsbury Park CC		
DNS(A)	TT Bike	Ben	Spurgeon			Harlow CC		
DNS(A)	TT Bike	Timothy	Torrie			TBW23 Stuart Hall Cycling P/b Trainsharp		
DNS(A)	TT Bike	Louise	Robinson			Essex Roads CC		
DNS(A)	TT Bike	Willa	Russell			Islington Cycling Club		
DNS(A)	TT Bike	Robert	Windsor			Victoria Cycling Club		

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
DNS(A)	TT Bike	Jerome	Manson			Chelmer CC		
DNS(A)	TT Bike	Ian	George			East Essex Triathlon Club		
DNS(A)	TT Bike	Paul	Gibbon			Southend Wheelers		
DNS(A)	TT Bike	Camilla	Wilkes			Hart Performance Coaching		
DNS(A)	TT Bike	Joshua	Granger			Athlon CC		
DNS	TT Bike	Paul	Abeledo			Hart Performance Coaching		
DNS	TT Bike	Robert	Platt			Total Tri Training		
DNS	TT Bike	David	Marshall			Hemel Hempstead CC		
DNS	TT Bike	Richard	Gandy			Essex Roads CC		
DNS	TT Bike	Alex	Smith			Essex Roads CC		
DNS	TT Bike	Tim	Simpkins			Harlow CC		