

Results

Lea Valley CC Crescent 30 (SPOCO SE)(Incl. ECCA Championships)(90 machines)(15 reserves)

**Solo 30 mile time trial on the sporting e1/30 course. Fine
day, gentle north wind**

25/09/2022 08:00

E1/30

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



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Lovely weather for almost a half full field, almost all of whom started. Times were accordingly brisk, with Alfie Salmon winning in a pb. The placings were tightly fought, with Tom Bishop leading David Glossy and Andrew Turnock to the turn, only to see the placings reversed at the finish, leaving Bishop out of the prizes.

Many thanks to the many LVCC members who assisted.

Timekeepers

Frida Wezel assisted by Ian Taylor.

Marshals

members of Lea Valley CC

Awards

Men £35/25/15

Women £35/25

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Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	Alfie	Salmon			Lee Valley Youth CC	1:06:57	26.886 Mph
2	TT Bike	Andrew	Turnock			Finsbury Park CC	1:08:29	26.284 Mph
3	TT Bike	David	Glossy			Bicester Millennium CC	1:08:31	26.271 Mph
4	TT Bike	Tom	Bishop			Walden Velo	1:08:41	26.207 Mph
5	TT Bike	David	Pennington			Southend Wheelers	1:10:03	25.696 Mph
6	TT Bike	Rob	Chaplin			East London Velo	1:10:04	25.69 Mph
7	TT Bike	Sebastian	Harrison			Islington Cycling Club	1:10:40	25.472 Mph
8	TT Bike	Ian	Braybrook			Basildon CC	1:13:50	24.379 Mph
9	TT Bike	Dominic	Bray			Finsbury Park CC	1:13:55	24.352 Mph
10	TT Bike	Mark	Careless			Loose Cannon's Conditioning	1:16:52	23.417 Mph
11	TT Bike	Graham	Painter			Chelmer CC	1:17:16	23.296 Mph
12	TT Bike	Sean	McDougall			Icknield RC	1:19:33	22.627 Mph
13	TT Bike	Phil	Laing			Lea Valley CC	1:19:50	22.547 Mph
14	TT Bike	Colin	Doe			Ford CC	1:22:18	21.871 Mph
15	TT Bike	Ian	Damant			Becontree Wheelers CC	1:23:48	21.48 Mph
16	TT Bike	Janet	Fairclough			Liverpool Phoenix CC (Aintree)	1:23:57	21.441 Mph
17	TT Bike	James	Bromley			Hart Performance Coaching	1:28:47	20.274 Mph
18	TT Bike	Richard	Pimlott			Finsbury Park CC	1:41:50	17.676 Mph
19	TT Bike	Caroline	Wyke			CC Sudbury	1:44:11	17.277 Mph
DNS(A)	TT Bike	Alice	Elwood			CC London		
DNS(A)	TT Bike	Sue	Rogers			Crest CC		
DNS	TT Bike	Graham	Hurrell			Basildon CC		