

Results

Velouse Flyers (District Championship)

25 mile Open TT

19/06/2022 09:30

B25/53

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Special thanks go out to Peter Elsegood for arranging a fabulous HQ on the old RAF station. The Velouse Flyers Junior section did an amazing job of handing out the awards on the day. The catering crew provided a superb set up to sell and raise money from the amazing array of beautiful cakes on offer.

This was Velouse Flyers inaugural event and whilst some areas look to be improived this event proved to be run very smoothly and successful. The course made for very tough riding in which riders had to use every technical skill as much as their fitness to get around in good time. Even though most of the course was run on very minor roads the surface was outstanding throughout.

Thanks to the sponsors to this event making for a great selection of awards on offer as detailed above.

Barsby Produce Fruit and Veg Supplier Norfolk | Fresh Produce Supplier Norfolk (barsbys.co.uk) Startsheet for: Velouse Flyers (District Championship) 19/06/2022 Promoted for and on behalf of Cycling Time Trials under its rules and regulations Page 4 DB Building Designs www.dbbuildingdesigns.co.uk/ Lynn H&R Builders Ltd Pedall.Bike www.pedall.bike

Hope to see you all again in 2023 - Event Secretary Gary Smith

Timekeepers

Andy Moore

Assisted by Tom Middleton

Marshals

Caroline Moore, Stu Ashworth, Paul Dunne, Peter Elsegood Alex Harrison, Trevor Marshall, Paul Hunt, Maciej, Wanda & Trevor Simper

Awards

1st Road Bike Male & Team - Phil Large Velouse Flyers 2nd Road Bike Male & Team - Dean Buckingham Velouse Flyers 3rd Road Bike - Phillip Watkins North Norfolk Whs

1st Road Bike Female - Kamarla Lawson Velouse Flyers 2nd Road Bike Female - Caroline Wyke CC Sudbury

1st TT Bike Male - Angus Toms Tri-Anglia Triathlon Club 2nd TT Bike Male - Chris Holmes VC Norwich 3rd TT Bike Male - Darran Bennett Ely & District CC/B&T Motor Repairs 1st TT Bike Female - Bethany Spencer Kettering CC 2nd TT Bike Female - Kay Burgess Team Velovelocity

Fastest Team - Phil Large, Ben Keeley & Dean Buckingham from Velouse Flyers

1st Handicap - Ben Keeley Velouse Flyers 2nd Handicap - Stuart Howlett Velouse Flyers 3rd Handicap - Simon Riches Velouse Flyers

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	<u>Angus</u>	<u>Toms</u>			Tri-Anglia Triathlon Club	00:57:35	26.049 Mph
2	TT Bike	<u>Chris</u>	<u>Holmes</u>			VC Norwich	00:57:49	25.944 Mph
3	TT Bike	<u>Darran</u>	Bennett			Ely & District CC/B&T Motor Repairs	00:58:14	25.758 Mph
4	TT Bike	<u>Phil</u>	<u>Large</u>			Velouse Flyers	00:59:32	25.196 Mph
5	TT Bike	<u>Ben</u>	Keeley			Velouse Flyers	00:59:54	25.042 Mph
6	TT Bike	<u>Mike</u>	<u>Padfield</u>			North Norfolk Whs	1:01:36	24.351 Mph
7	TT Bike	<u>Dean</u>	Buckingham			Velouse Flyers	1:01:56	24.22 Mph
8	TT Bike	<u>Simon</u>	Riches			Velouse Flyers	1:02:12	24.116 Mph
9	TT Bike	<u>Andy</u>	Kennedy			Ipswich BC	1:03:34	23.597 Mph
10	TT Bike	Craig	<u>Lamb</u>			Alford Whs	1:03:35	23.591 Mph
11	TT Bike	Stuart	Howlett			Velouse Flyers	1:04:53	23.118 Mph
12	TT Bike	Nigel	<u>Walsh</u>			North Norfolk Whs	1:05:48	22.796 Mph
13	TT Bike	Philip	Watkins			North Norfolk Whs	1:07:01	22.382 Mph
14	TT Bike	<u>Paul</u>	Harrowing			North Norfolk Whs	1:07:39	22.173 Mph
15	TT Bike	Geoff	Frost			Team Velovelocity	1:08:00	22.059 Mph
16	TT Bike	Jason	Turner			Norwich A B C	1:08:17	21.967 Mph
17	TT Bike	<u>Graham</u>	Denny			North Norfolk Whs	1:08:37	21.861 Mph
18	TT Bike	Bethany	Spencer			Kettering CC	1:10:35	21.251 Mph
19	TT Bike	<u>Shaun</u>	Hornsby			Velouse Flyers	1:11:47	20.896 Mph
20	TT Bike	Kay	<u>Burgess</u>			Team Velovelocity	1:12:24	20.718 Mph
21	TT Bike	Rob	Goult			Ely & District CC/B&T Motor Repairs	1:12:51	20.59 Mph
22	TT Bike	<u>Mark</u>	<u>Fairhead</u>			CC Breckland	1:13:52	20.307 Mph
23	TT Bike	<u>Alan</u>	<u>McGuire</u>			Plomesgate CC	1:16:14	19.676 Mph
24	TT Bike	<u>David</u>	<u>Fenn</u>			CC Sudbury	1:20:25	18.653 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
25	TT Bike	<u>Kamarla</u>	<u>Lawson</u>			Velouse Flyers	1:21:42	18.36 Mph
26	TT Bike	Caroline	<u>Wyke</u>			CC Sudbury	1:34:42	15.839 Mph
DNS(A)	TT Bike	Judy	Brown			Newmarket Cycling & Triathlon Club		
DNS(A)	TT Bike	<u>John</u>	<u>Manlow</u>			Ely & District CC/B&T Motor Repairs		
DNS(A)	TT Bike	Ken	Roesner			Velouse Flyers		
DNS(A)	TT Bike	David	Halliday			Team Bottrill		